SourcePoint Meals on Wheels spnutrition@mysourcepoint.org 740-204-2434

## Monthly Meal Selection

POLICY: Please cancel no later than 11:00 a.m. 2 days prior to delivery.

To order alternate meals, call 2 business days in advance.

Name:	

May 2025	CANCEL MEALS		HOT MEALS				COL	.D ME	D MEALS		
Service Date	Cancel Hot Meal	Cancel		Regular	Low Sodium	Carb Control		Regular	Low Sodium	Carb Control	
Thu. 5/1/25											
Fri. 5/2/25											
Mon. 5/5/25											
Tue. 5/6/25											
Wed. 5/7/25											
Thu. 5/8/25											
Fri. 5/9/25											
		T		·					Γ		
Mon. 5/12/25											
Tue. 5/13/25											
Wed. 5/14/25											
Thu. 5/15/25											
Fri. 5/16/25											
Mon. 5/19/25											
Tue. 5/20/25											
Wed. 5/21/25											
Thu. 5/22/25											
Fri. 5/23/25											
5, 25, 25											
Mon. 5/26/25	Memorial Day - No Delivery										
Tue. 5/27/25											
Wed. 5/28/25											
Thu. 5/29/25											
Fri. 5/30/25											