SourcePoint Meals on Wheels spnutrition@mysourcepoint.org 740-204-2434

Monthly Meal Selection

POLICY: Please cancel no later than 11:00 a.m. 2 days prior to delivery.

To order alternate meals, call 2 business days in advance.

Name:	:

July 2025	CANCEL MEALS		HOINEAIS			ALS	COLD MEALS			
	Cancel	Cancel			Low	Carb			Low	Carb
Service Date	Hot Meal	Cold Meal		Regular	Sodium	Control		Regular	Sodium	Control
Tue. 7/1/25										
Wed. 7/2/25										
Thu. 7/3/25					ALL N	- D.P				
Frl. //4/25	Fri. 7/4/25 July 4th - No Delivery									
Mon. 7/7/25		No Delivery								
Tue. 7/8/25										
Wed. 7/9/25										
Thu. 7/10/25										
Fri. 7/11/25										
Mon. 7/14/25										
Tue. 7/15/25										
Wed. 7/16/25										
Thu. 7/17/25										
Fri. 7/18/25										
Mon. 7/21/25										
Tue. 7/22/25										
Wed. 7/23/25										
Thu. 7/24/25										
Fri. 7/25/25										
Mon. 7/28/25										
Tue. 7/29/25										
Wed. 7/30/25										
Thu. 7/31/25										