

Enhance Learning

In-Person and Online Programs

Summer 2025



740-363-6677

MySourcePoint.org



July 7–Oct. 4, 2025

Hours of operation:

Monday–Thursday, 8 a.m.–8 p.m.

Friday, 8 a.m.–5 p.m.

Saturday, 8 a.m.–noon.

Close at 4 p.m. Aug. 29; Close at

2 p.m. Aug. 8; Closed Aug. 30,

Sept. 1.

Registration is required and begins June 23 at MySourcePoint.org/EC or with customer service. All programs take place at 800 Cheshire Road, Delaware unless otherwise indicated. Program fees are prorated throughout the quarter. Programs subject to change.

Scholarships are available and applying is easy! Email info@MySourcePoint.org, call 740-363-6677, or apply online.

Cancellation Policy: You will receive a refund for fee-based programs canceled by SourcePoint or for programs from which you withdraw before the deadline. Refunds are not available for programs you're unable to attend.

Lifelong learning can enhance our understanding of the world around us, provide us with more and better opportunities, and improve our quality of life.

Special Events

LET'S TALK FLYING **NEW GROUP!**

Saturdays, July 12, Aug. 9, Sept. 13, 10:30–11:30 a.m.

Join member Dan Kiser, pilot of 50+ years, in talking about exploring the wide-open skies! This group is for pilots or anyone with an interest in flying. Take your flight knowledge to new heights as Dan shares his experience and answers your questions. No piloting experience necessary, this group will be engaging for all! Come share your love of aviation.

NAMI: HEARTS+MINDS **RETURNS**

Wednesdays, Sept. 3, 10, 17, 24, Oct. 1, 10–11:30 a.m.

NAMI Hearts+Minds is a FREE wellness program designed to educate and empower you to better manage your health—mentally and physically. This NAMI, or National Alliance on Mental Illness, presentation will provide information and tools that can help you plan and achieve recovery goals and better overall health. These topics will be shared:

- How to advocate for your health
- How physical and mental health are specifically connected
- Gut health and how nutrition can affect the brain
- Current information on the interplay of diet and fitness
- Effective methods for managing the side effects of medication
- Substance abuse and smoking cessation
- How to gain a greater sense of control over how you feel

Improve symptoms by learning how body systems interact and by effectively managing the physical effects of mental illness, using strategies that improve long-term health.

SIMPLE GRILLING WHEN SPACE IS LIMITED **NEW!**

Thursday, July 17, 11 a.m.–1 p.m. at The Avalon of Lewis Center, 8875 Green Meadows Dr., Lewis Center.

Just because you've downsized does not mean you can no longer grill at home. Enjoy a wonderful lunch as the chef at the Avalon showcases how you can create a wonderful meal on your porch.

TRAVELING TO GHANA

RETURNS

Thursday, Oct. 2, 10–11:30 a.m.

Join Carol Wallenfels for stories of her third trip to Ghana to teach art to 64 boys living in a boys' home in Sunyani. She will also share what it was like to visit Cape Coast during the Fetu Afahye Festival, a celebration to remember the ancestors of the land, and about her visit to the Cape Coast Castle, also known as a "Slave Castle" where large numbers of African captives were held before being shipped to America. Carol will also talk about the non-profit organization she started in Ghana and it's first project providing schools with soccer jerseys and equipment.

USING TECHNOLOGY SAFELY

NEW!

Thursday, Oct. 2, 1–2:30 p.m.

Technology volunteer Jarren Ringle will present on the topic of using technology safely. Social media and the news can be scary places. We hear that Artificial Intelligence can make scammers more effective. Or,

if we don't use 20-character passwords, our bank accounts can be emptied. We fear using cloud services, web portals, or online banking. Our children or grandchildren tell us we need a smartphone, but we are afraid we will do something wrong. This class will address these concerns and more. You will hear how to spot scams, deal with passwords, and be safer when using "the web." We will explore many things we can do to reduce our confusion and anxiety. Join us because technology can be a valuable tool once we learn to use it safely.

Discussion & Interest Groups

CARE, SHARE, AND CONNECT Mondays, 12:45–2 p.m.

We experience different losses in life—loved ones, pets to things or illnesses in our everyday lives. Come share or listen as topics are discussed and peer led with RJ Jones and others.

NATURE TABLE: REPTILE

WONDERS NEW!

Monday, July 14, 11 a.m.–noon.

Join Delaware Lake USACE volunteer, Jennifer, to learn about a couple of amazing reptiles and the important role reptiles play in nature!

Overcome your fear as you meet and greet the lovely "Misty" the Ball Python and "Shelly" the Box Turtle!

BOOK CLUB: NONFICTION NAVIGATORS

Third Monday of each month, noon–1:30 p.m.

Read and discuss the books noted. Share insights and ponder perspectives with others. Books may be borrowed from the Delaware County District Library or downloaded. Pick up at Main and Orange branches of Delaware County District Library, using your library card.

July 21: "The Premonition: A Pandemic Story" by Michael Lewis.

Aug. 18: "Life on the Mississippi: An Epic American Adventure" by Rinker Buck.

Sept. 15: "Democracy Awakening: Notes on the State of America" by Heather Cox Richardson.

PRESERVATION PARKS NATURE TABLE RETURNING

Wednesday, July 9, 11 a.m.–1 p.m.

Check out the nature table. You never know what you might learn about nature around us!

BOOK CLUB: FICTION ADDICTION

Third Wednesday of each month, 1–2 p.m.

Join facilitator and member Annette Schorr as she leads this book discussion group. Enjoy sharing and experiencing others' thoughts and perspectives. Please get the book on your own. For questions, email apschorr2@gmail.com.

July 16: "One Thousand White Women" by Jim Fergus.
Aug. 20: "How To Read A Book" by Monica Wood.
Sept. 17: "The Woman They Could Not Silence" by Kate Moore.

SOCRATES CAFE

Fourth Wednesdays, July 23, Aug. 27, Sept. 24, 1–3 p.m.

Socrates Cafes foster thinking and dialoging about thought-provoking questions. They touch essential life and living issues. Members share their perspectives and insights of richly rewarding information. Join the new Socrates Cafe for lively, energizing dialogues to enrich facets of your life led by experienced facilitators. Cafe Plus: Members wishing to have a more in-depth conversation may do so from 2:30–3 p.m.

July 23: Social Obligation
Aug. 27: Truth
Sept. 24: Peace

MODEL TRAIN GROUP ON SUMMER BREAK

IT'S GREEK TO ME: SERIES Thursday, July 10, Aug. 7, Sept. 11, 1–2 p.m.

We spend our days steeped in Greek history without knowing it. Come explore a series of Greek topics with discussion leader, Sylvia Zimmerman, who has a MA in psychology and a M.Div from Methodist Theological Seminary.

July 10: How the Greek city/state came to be so important to western civilization
Aug. 7: The philosophy of Plato and his Republic
Sept. 11: A summary of the Greek culture, its many disciplines and military, statesmanship, architecture, literature, history and more

CONVERSATIONAL ENGLISH Fridays, Sept. 5, 12, 19, 26, 1–2:15 p.m.

Do you want to improve your English? Would you enjoy talking with people whose first language is English? Volunteers will encourage you to speak in sentences and help you pronounce English words correctly.

Educational Classes & Presentations

To ensure proper planning, register at least two business days prior to the class. Programs are listed in chronological order.

FINDING YOUR ROOTS 1:1 SESSIONS BY APPT.

Tuesdays, July 8–Sept. 30, 1–3 p.m. or 3–5 p.m. at Delaware County District Library, 84 W. Winter St., Delaware.

Thursdays, July 10–Oct. 2, 10 a.m.–noon, or 1–3 p.m. at Delaware County District Library, 84 W. Winter St., Delaware.

Join a volunteer from the Delaware County Genealogy Society at the Main Branch of the Delaware County District Library as you work with an experienced researcher using both online and paper resources for genealogical research. To schedule your session, register for an available time slot. Limit of one session per month.

ASK AL 1:1 SESSIONS ON PHOTOGRAPHY: CAMERA BASICS

Wednesdays, July 9–Oct. 1, 9–10:30 a.m. by appointment. Register for one session.

Do you want to know more about photography? Learn about basic camera procedures and camera controls such as composition, multiple exposure, time lapse photography, etc. Ask Al Smith 1:1. Please answer questions at registration so that Al is better prepared to help you. Limit: one session per month.

BIRDING HIKE: STRATFORD ECOLOGICAL CENTER

**Thursday, July 10, 8:30–10:30
a.m. at Stratford Ecological
Center, 3083 Liberty Road,
Delaware.**

Join expert birder Susan Wasmund as you explore Stratford Ecological Center and search for summer birds on this slow paced 1–2 mile walk. Learn about the setting and offerings at the center as we search for feathered friends. Nesting season is almost over but we should still be able to spot barn swallows, tree swallows and bluebirds as well as woodland and grassland birds. This activity is open to new and experienced birders. Wear sturdy shoes and a hat. Bring a water bottle and binoculars if you have them. In the case of severe weather, the hike will be canceled.

MIND AEROBICS *HYBRID*

**Fridays, July 11–Oct. 3, 11
a.m.–noon.**

Challenge yourself each Friday morning with Joan Pearce as you listen, focus, laugh, and problem solve in a comfortable setting, in-person or online. Each week is different, with segments that encourage you to think. Register for your choice of in-person or online options. We will all be together in this hybrid experience!
Fee: \$20 for the quarter.

GARLIC HARVEST CELEBRATION *NEW!*

**Sunday, July 13, 1–3 p.m. at
Methodist Theological School
of Ohio, 3081 Columbus Pike,
Delaware.**

Join us in the field as we harvest the longest crop of the year after nine months of growing. Attendees will learn about growing and timely harvest of garlic, sample varieties, and explore its rich botanical history and uses. Directions: When entering MTSO from 23, turn left and park. Meet in the greenhouse. Registration is limited.

TECHNOLOGY: ACCESSING DIGITAL LIBRARY RESOURCES *RETURNING*

Friday, July 18, 1–2 p.m.

Have you wondered how to access library resources like eBooks, digital magazines, audiobooks, music, and videos without having to leave home? It's possible by downloading digital books on your device through Libby - your gateway to borrowing digital and audio books from your public library. It is convenient, easy and fun, so let staff from the Delaware County District Library's Outreach Dept. show you how to get started. Please bring your library card and your device (phone, tablet or Kindle). If you have an Apple device, please make sure

you know your Apple ID and password so that you can download the Libby app. If you don't yet have a library card, we can register you for one on the day of our class meeting.

STROKE AWARENESS

RETURNING

Friday, July 25, 1–2 p.m.

Cardiovascular disease is the number one cause of death in the United States. Stroke is number three. This is a class about risk factors for stroke and what we can do to reduce our risk. Presenter Cathy Hulse, Registered Nurse for more than 40 years, has a background in Critical Care and is certified as a neurological nurse specializing in stroke care. She has been instrumental in obtaining Primary and Comprehensive Stroke Center certification at OhioHealth Hospitals and in assisting in developing their Stroke Network.

TECHNOLOGY: FRAUD, SCAM, SOCIAL SECURITY HACKED? *NEW!*

**Monday, July 28, 9:30–11:30
a.m.**

Join Ray and Jan Panchal as they share how to guard against fraud, scams, phone scams, and data breaches. What steps should you take in the case of a data breach? Ray has a master's degree in mechanical engineering, was

a Manufacturing Manager and has teaching experience. Jan is a retired computer professional with a degree in computer science with mathematics.

HUNGRY, HUNGRY

HUMMINGBIRDS *NEW!*

Monday, July 28, 11 a.m.–noon at Delaware Dam, Elm Grove Shelter, 3920 U.S. Hwy 23 N., Delaware.

Hummingbirds are beautiful creatures that you can find flitting from flower to flower all summer long. Join Delaware Lake USACE volunteer, Jennifer, to learn about these beautiful birds, what flowers are best to plant to attract them, and tips/tricks for your hummingbird feeders. Park near the Elm Grove Shelter where you will be meeting.

AYURVEDA: BEAT THE HEAT, SUMMER WELLNESS WITH AYURVEDA *NEW!*

Tuesday, July 29, 1–2:15 p.m.

Learn how to stay balanced, energized and calm during the summer season using timeless Ayurvedic wisdom. Discover Pitta-pacifying foods, herbs, and lifestyle practices to beat the heat from the inside out. Vaidya Vandana will guide you through simple self-care rituals, cooling breathwork, and natural ways to support digestion, skin, and emotional well-being during the hottest

time of the year. Vaidya Vandana Baranwal, BAMS, MD (Ayurveda-BHU), has over 30 years of experience in clinical practice, education, and research, and is dedicated to sharing the healing wisdom of Ayurveda. She teaches at Ohio State University's Integrative Health Center and the Hindu University of America. A recipient of the Charaka Award and co-author of two books on women's health, she integrates Ayurveda, Yoga, and Astrology into her holistic approach. Her mission is to make authentic Ayurvedic care accessible through education and individualized wellness solutions.

PRAIRIE AND WOODLANDS WALK *NEW!*

Wednesday, July 30, 10 a.m.–noon at Methodist Theological School of Ohio, 3081 Columbus Pike, Delaware.

Walk the woods and prairie of Methodist Theological School of Ohio, with Tim Bachelor, MTSO's land steward. Learn about tree and shrub properties in a healthy woodland, and how to identify and grow native prairie plants. Registration is limited. Meet at the orange barn on MTSO's campus. Directions: When entering from 23, turn right and drive up the hill. Turn right at the roundabout and park.

TECHNOLOGY 1:1 ASSISTANCE

Mondays, Aug. 4, 11, 18, 25 and Sept. 8, 15, 22, 29, 10 a.m.–12:45 p.m. by appointment.

Jarren Ringle provides guidance on technology in a 45-minute time slot. Do you have questions regarding a cell phone, PC, laptop, or tablet? Share your device and your questions at registration. Limit: two sessions per month.

TECHNOLOGY 1:1 ASSISTANCE: WAITING LIST

Mondays, Aug. 4, 11, 18, 25 and Sept. 8, 15, 22, 29, 10 a.m.–12:45 p.m. by appointment.

Jarren Ringle provides guidance on technology in a 45-minute time slot. If the timeslots are full, please register for this waiting list. We will contact those on the waiting list in order of enrollment if appointments become available.

AMAZING BIRDS II *NEW!*

Monday, Aug. 4, 1–2 p.m.

Member and experienced presenter, Richard Vail, will share part two of his PowerPoint presentation on the amazing birds that you just might see out your window. Richard will discuss 14 locally common birds, both male and female and interesting facts about them.

PRAIRIE AND WOODLANDS

WALK *NEW!*

Saturday, Aug. 9, 10 a.m.–noon at Methodist Theological School of Ohio, 3081 Columbus Pike, Delaware.

Walk the woods and prairie of Methodist Theological School of Ohio, with Tim Bachelor, MTSO's land steward. Learn about tree and shrub properties in a healthy woodland, and how to identify and grow native prairie plants. Registration is required and limited. Meet at the orange barn on MTSO's campus. Directions: When entering from 23, turn right and drive up the hill. Turn right at the roundabout and park.

WHAT'S ALL THE BUZZ

ABOUT? BEES! *NEW!*

Monday, Aug. 11, 11 a.m.–noon at Delaware Dam, Elm Grove Shelter, 3920 U.S. 23 N., Delaware.

Honey Bees, Carpenter Bees, Mason Bees, Leaf-cutter Bees, and Bumble Bees are just some of the amazing bee pollinators that you can find at Delaware Lake. Bees come in all shapes and sizes (kind of like us), and play a critical role in our ecosystem, but they need our help! Join us in being Bee Champions and learn about how you can help support the hardworking, buzzing bees at Delaware Lake. Park near the

Elm Grove Shelter where you will be meeting.

AYURVEDA: GHEE, GOLDEN GOODNESS OF AYURVEDA *NEW!*

Tuesday, Aug. 19, 1–2:15 p.m.

Step into the rich tradition of Ayurveda and discover why ghee is considered a sacred superfood! Explore the many benefits of ghee for digestion, immunity, brain health, skin and spiritual practice. Learn how to make ghee at home, understand its uses in cooking and self-care, and connect with its deeper role in Ayurvedic healing. Vaidya Vandana Baranwal, BAMS, MD (Ayurveda-BHU), has over 30 years of experience in clinical practice, education, and research, and is dedicated to sharing the healing wisdom of Ayurveda. Her mission is to make authentic Ayurvedic care accessible through education and individualized wellness solutions.

NATIONAL ALLIANCE ON MENTAL ILLNESS: IN OUR OWN VOICE

Wednesday, Aug. 20, 1–2 p.m.

Ron Graham and Tracie Bayer from the National Alliance on Mental Illness will share a presentation on mental illness. What is it like to live with a mental illness? A presentation will be broken into three

sections: What Happened, What Helps, and What's Next? This presentation is for everyone. Don't miss this presentation that will include true life experiences.

RECYCLED FLOWERPOT *NEW!*

Monday, Aug. 25, 11 a.m.–noon.

Garden Recycling: Have a green thumb? Maybe not so much, but still interested in gardening? Join Delaware Lake USACE volunteer, Jennifer, to learn some tips and tricks on garden recycling. Learn about which plants are native to our area and make a planter from recycled plastic bottles. Native seeds will be included. *Fee: \$5.*

BIRDING HIKE: HICKORY WOODS PARK *NEW!*

Thursday, Aug. 28, 9–11 a.m. at Hickory Woods Park, 1271 Pollock Road.

Join expert birder, Susan Wasmund as she leads a hike at Hickory Woods Park, Delaware, searching for signs of fall. Look for migrant birds and summer dwellers wrapping up their nesting. Hickory Woods Park supports several natural areas including a pond, prairie and woodland so there are many possible encounters. The paths are gravel or packed dirt. Wear sturdy walking shoes, a sun hat and long pants. Bring a

water bottle, sunscreen and a snack if you wish. Binoculars are helpful. In the case of rain or severe weather the hike is canceled. Directions: From SourcePoint, travel north on Rt 23 (Columbus Pike). Just beyond MTSO, turn right on Pollock Road. Travel approximately 1.5 miles. The park will be on the right. Turn in and the lane ends in the parking lot.

**GENEALOGICAL RESEARCH:
FINDING AND USING
DIGITIZED BOOKS *NEW!*
Wednesday, Sept. 3, 1–2:30 p.m.**

There are thousands of digitized books that can be useful for genealogical research. Join member and volunteer, Carol Singer, as she discusses county histories, family histories, telephone directories, school yearbooks, city and county directories, Navy cruise books, etc. In addition to those in the major genealogical search engines, you will find books in sites such as the HathiTrust Digital Library, the Internet Archive, Google Books, the Digital Public Library of America, etc. Carol Singer is a volunteer at the Delaware County Genealogic Society.

**MARVELOUS MONARCHS
NEW!
Monday, Sept. 8, 11 a.m.–
noon at Delaware Dam, Elm**

**Grove Shelter, 3920 US 23 N,
Delaware.**

Join us as we discover and learn about the marvelous Monarch Butterflies! Learn about their life cycle, why they are so incredibly special, how to take care of them, and how YOU can save the Monarchs! Park near the Elm Grove Shelter where you will be meeting.

**IN RHYTHM WITH EARTH:
VERNAL EQUINOX *NEW!*
Friday, Sept. 19, 10 a.m.–noon.
at Methodist Theological
School of Ohio, 3081
Columbus Pike, Delaware.**

This class will open our senses to the beauty of Earth and engage our bodies in guided gentle walking meditation with Laura Ann Bergman, Seminary Hill Farm Liaison. Private reflection in farm or forest will be enfolded into the program. Registration is required and limited. Directions: Upon entering MTSO from Highway 23, turn left and park at the end of the driveway. Meet in the glass greenhouse.

**AYURVEDA: COOKING WITH
SPICES, HEALING FROM YOUR
KITCHEN *NEW!***

**Wednesday, Oct. 1, 1–2:15
p.m.**

Discover the magic of Ayurvedic spices with Vaidya Vandana. Learn about five

Ayurveda spices – cumin, coriander, turmeric, fennel, and ginger – and how they can transform your meals and your health! Vandana will share how these spices support digestion, balance the doshas, and bring flavor and vitality into every dish. Vaidya Vandana Baranwal, BAMS, MD (Ayurveda-BHU), has over 30 years of experience in clinical practice, education, and research, and is dedicated to sharing the healing wisdom of Ayurveda. She teaches at Ohio State University's Integrative Health Center and the Hindu University of America. Her mission is to make authentic Ayurvedic care accessible through education and individualized wellness solutions.

Education Package

Register for as many of the following classes (pages 8-9) as you wish to attend for one low fee—up to 11 presentations available for \$15!

Register for all presentations you plan to attend. If you wish to register for more later, customer service can assist you. All Instructors are informed of attendance numbers prior to class. If you cannot attend, call 740-363-6677.

MANAGING ARTHRITIS PAIN WITH EXERCISE *NEW!*

Friday, July 11, 1–2:15 p.m.

Arthritis is affecting more than 1 out of 5 adults in the United States. This can make not only exercise difficult, but also activities of daily living due to pain and fear of injury. Join us as we discuss and demonstrate exercise modifications to allow adults with all ability levels to stay active and independent, as well as ease the burden of pain! Diane Fleming, Board-Certified Geriatric Clinical Specialist from Ortho One will lead this program.

LIFE ON THE OHIO RIVER: RIVER PEOPLE *NEW!*

Tuesday, July 15, 1–3 p.m.

Local historian, Van Young, will share a presentation on the Ohio River. Once dubbed "the beautiful river," the Ohio

River has since fallen on hard times, described by some as the dirtiest river in America. Yet for hundreds of people in the 19th and 20th centuries it was a way of life. River towns attracted jobs, yet before the advent of unions and industrial safety, river life could be harsh and unpredictable. See how people lived and worked over the years, on this amazing 981-mile waterway.

TIPS FOR THE TRIP SAVVY: STAYING HEALTHY AND TECH TIPS *NEW!*

Thursday, July 17, 1–2 p.m.

Join Lisa Busch, experienced traveler from Prime Tours, as she shares years of travel experience information. Her topics will include staying healthy while traveling. She will also share tech tips made simple.

MARIETTA—OHIO'S FIRST SETTLEMENT

Tuesday, Aug. 5, 1–3 p.m.

Van Young, local historian will share a presentation based on David McCullough's book, "The Pioneers." You will learn how Ohio came into existence and how the first pioneer settlers were able to carve out a successful life in a wilderness with limited supplies, and harsh conditions. This is not only a story of survival, but of great courage. The talk will discuss

the Northwest Ordinance of 1787, living in colonial times, and the significance the city of Marietta had in the development of our country.

DOWNSIZING: DECLUTTER ENCOURAGEMENT GROUP *NEW!*

Wednesday, Aug. 6, 1–2 p.m.

Clutter is one of the hallmarks of the baby boomer generation, and we all need to address it. Decluttering is a challenge both physically and emotionally, but we can tackle it one step at a time. By coming together and sharing our successes and struggles, we will leave motivated to clean out the clutter. THIS IS A NO JUDGEMENT ZONE!!! Let's celebrate our decluttering wins and share our personal tips and tricks. You are welcome if you haven't even started, yet. Remember, a journey of 1,000 miles begins with 1 step. YOU CAN DO THIS! Led by Realtor Jan Baxendale. Baxendale is not affiliated with or endorsed by SourcePoint.

DEL CO OFFICE OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT *NEW!*

Thursday, Aug. 14, 1–2 p.m.

Scott Stewart, Deputy Director of the Delaware County Office of Homeland Security and Emergency Management will share a presentation on

what the office of Emergency Management does. He will also discuss weather, weather notifications and emergency preparedness kits. Stay informed!

HISTORY: VISIT TO PELELIU, 70 YRS AFTER THE INVASION IN WWII *NEW!*

Monday, Aug. 25, 1–2 p.m.

Member John Jackson tells of the modern-day conditions on the island of Peleliu which he visited 70 years after the U.S. Marines and Army soldiers landed there in 1944. It remains one of the most pristine former battlefields from World War II, virtually untouched by the commercialism that has taken place throughout the other islands of Micronesia and parts of the South Pacific. His pictures and narrative will give a taste of what it was like to wage war in the remoteness of the wide Pacific.

RAIN GARDENS *NEW!*

Friday, Sept. 5, 1–2 p.m.

Rain Gardens enhance the flower beds, add pollinator plants to the landscape and save on mowing and watering. Master Gardener Nora Hiland will discuss what they are and give insight on their benefits. She will also share tips on how to build them.

REAL ESTATE: SHOULD I STAY OR SHOULD I GO? *NEW!*

Friday, Sept. 12, 1–2 p.m.

Are you confused about whether to downsize from your present home or stay in place? Get the latest facts about what is going on in the housing market. Is it still a seller's market, or is it now a buyer's market? Is central Ohio similar to the national figures? Things may seem overwhelming, but we will break down the facts. Realtor Jan Baxendale will bring the latest information; you bring your situation, and we will see what fits your needs! Baxendale is not affiliated with or endorsed by SourcePoint.

VISION AS WE AGE

Wednesday, Sept. 17, 1–2:30 p.m.

Dr. Annie Mueller, Optometrist at ReVision LASIK and Cataract Surgery, will be presenting on the importance of protecting your vision as you grow older. She will review common ocular diagnoses such as cataracts, corneal dystrophies, glaucoma, and diabetes, in addition to surgical solutions for each. Dr. Mueller is a strong advocate for preventative care and will also share helpful ways to safeguard vision as we age.

LET'S TALK ABOUT CURRENT EVENTS *NEW!*

Tuesday, Sept. 30, 1–3 p.m.

It is the best 2 cents money can buy. That's because everyone gets to throw in their "two cents." Be prepared to share and hear various thoughts on the top issues and topics of the day. Two or three "current events" will be presented, and everyone will be asked to share their viewpoints. World affairs, domestic issues, politics, and even sports. All are up for grabs. This is a perfect way to get your opinions off your chest, and out of your brain with presenter Van Young.