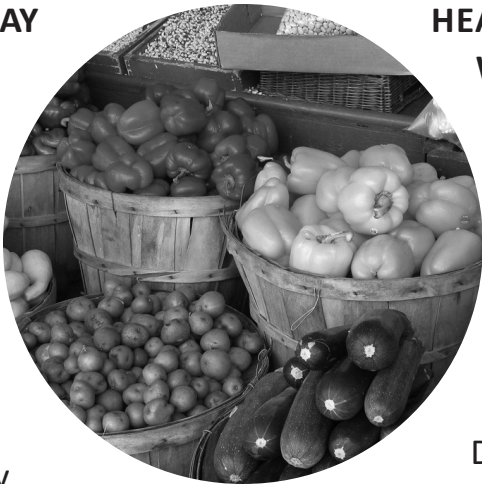


OFFICE CLOSED FOR MEMORIAL DAY

SourcePoint will be closed Saturday, May 24 and Monday, May 26.

There will be no meal delivery on Monday, May 26 or Tuesday, May 27. If you receive home-delivered meals and opted to have holiday meals as part of your meal plan, your frozen holiday meals will be delivered during the week of May 19. The holiday meals box consists of five meals, so you will have two meals for the 26th and two for the 27th, plus an extra meal that can be placed in your freezer for future use. If you would prefer not to receive holiday meals, please contact our office at 740-203-2433 by May 12. If you are not sure if you selected to have holiday meals or would like to add them to your meal plan, you may contact the above number. The office is open Monday–Friday from 8 a.m.–4 p.m.



HEALTH & WELLNESS EXPO

Wednesday, June 4, 10 a.m.–1 p.m. at Delaware County Fairgrounds, Agricultural Center, 236 Pennsylvania Ave., Delaware.

Join SourcePoint, sponsor OhioHealth, and local partners like the Delaware Public Health District for a variety of free health screenings and wellness resources.

More details on screenings will be available in May at MySourcePoint.org/events. Admission is free and registration is not required.

OLDER AMERICANS MONTH

Every May, the Administration for Community Living leads the nation’s observance of Older Americans Month, a time to recognize older Americans’ contributions, highlight aging trends, and reaffirm our commitment to serving older adults.

The 2025 theme, Flip the Script on Aging, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults’ contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

FARMERS MARKET 2025

Individuals who received vouchers in 2024 can expect to receive a mailed letter containing the application and detailed information about the 2025 drive-thru voucher distribution.

Individuals who do not receive this letter may attend our other voucher distributions. Information on these distributions can be found by calling our Farmers Market Voucher Program Hotline at 740-936-7117.

To qualify for vouchers, individuals must be Delaware County residents, age 55 or older, and be within 200% federal poverty level. Eligible participants will receive \$75 worth of vouchers to use on fresh produce, herbs, honey, and produce-bearing plants from participating markets and independent vendors. For the most up-to-date list of vendors, please check our website at MySourcePoint.org/farmers regularly.

Please note that we cannot take walk-ins and mailed applications will not be accepted. For the most up-to date information, contact our Farmers Market Voucher Program Hotline at 740-936-7117 or visit MySourcePoint.org.

COMMUNITY PROGRAMS

Medicare: New to Medicare

Tuesday, April 15, 10 a.m.–noon.
Saturday, May 3 or June 7, 10 a.m.–noon.
CONTINUED ON REVERSE...



Tuesday, May 6, 2–4 p.m. at Delaware County District Library, Liberty Branch, 7468 Steitz Road, Powell.

Thursday, June 26, 6–8 p.m.
Learn the basics of Medicare and what options are available. To register, call 740-363-6677. An online option is also available at MySourcePoint.org/insurance.

Karaoke! Cinco De Mayo Karaoke Party

Monday, May 5, 5:30–7:30 p.m.
Grab the mic and have some fun on Cinco De Mayo! When everyone starts singing with you, you’ll know you have chosen a good song. Feel free to bring your own dinner and beverage of choice. To register, call 740-363-6677.

Welcome to SourcePoint!

Wednesday, May 14, 11 a.m.–1:30 p.m.
Join the Community Engagement and Concierge Teams to learn more about what all SourcePoint has to offer. Following, there will be guided tours, and the opportunity to chat with staff members at our resource fair. If interested, you may also enjoy lunch in Café 55 with others in our group. For Delaware County residents 55 and better, lunch is available on a donation basis. To register, call 740-363-6677.

We Salute You Luncheon

Friday, May 23, 11 a.m.–1:30 p.m.
Our spring quarter luncheon celebrates U.S. Veterans. The talented kitchen staff will create a special menu to enjoy with others. Also, stop by our photo booth to get some pics with your besties. If you are a veteran, please wear a hat or some other accessory so we can be sure to honor your service. For Delaware County residents ages 55 and better, lunch is available on a donation basis upon completion of proper paperwork. For non-residents and those younger than 55, lunch is \$8. This event is sponsored by Capri Gardens Rehabilitation and Nursing Care.

Alzheimer’s Association: The Empowered Caregiver

Tuesdays, May 6 and June 3, 10–11 a.m.
To register, call 740-363-6677.
May 6: Building Foundations of Caregiving.
Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

June 3: Supporting Independence. Focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

WHEELS FOR MEALS CHARITY CAR SHOW

Saturday, June 7, 11 a.m.–3 p.m.
Please join us for the inaugural Wheels for Meals charity car show event on Saturday, June 7 to raise awareness and proceeds for SourcePoint’s Meals on Wheels program.

This event is not only for car enthusiasts; it’s a family-friendly day of fun for everyone! Enjoy live music and delicious food from local food trucks. There will be activities for kids, opportunities to meet adoptable pets from the Humane Society of Delaware County, and a chance to explore a Delaware City Fire Department fire engine. You can also check out the Meals on Wheels delivery van and learn how a typical delivery route looks.

Throughout the event, attendees can donate to the Meals on Wheels program which serves over 1,200 meals a day to over 600 people in Delaware County.