

Enhance Learning

In-Person and Online Programs

Fall 2025



740-363-6677

MySourcePoint.org



Oct. 6–Jan. 3, 2025

Hours of operation:

Monday–Thursday, 8 a.m.–8 p.m.

Friday, 8 a.m.–5 p.m.

Saturday, 8 a.m.–noon.

Close at 4 p.m. Nov. 26, Dec. 31;

Close at 2 p.m. Dec. 5, Dec. 24;

Closed Nov. 27–29, Dec. 25.

Registration is required and begins Sept. 22 at MySourcePoint.org/EC or with customer service.

All programs take place at 800 Cheshire Road, Delaware unless otherwise indicated. Programs subject to change.

Scholarships have expanded access! Email CRN@MySourcePoint.org, call 740-363-6677, or apply online.

Cancellation Policy: You will receive a refund for fee-based programs canceled by SourcePoint or for programs from which you withdraw before the deadline. Refunds are not available for programs you're unable to attend.

Lifelong learning can enhance our understanding of the world around us, provide us with more and better opportunities, and improve our quality of life.

Note: To maintain the quality and sustainability of our programs, many fees have been slightly adjusted. To ensure continued access, we have also expanded our scholarship program.

Discussion & Interest Groups

CARE, SHARE, AND CONNECT *NOW UNDER TRANSITIONS*

Mondays, 12:45–2 p.m. (Self lead fourth Monday of the month.)

For details, see Empower Transitions in Aging.

BOOK CLUB: NONFICTION NAVIGATORS

Third Monday of each month, noon–1:30 p.m.

Read and discuss the books noted. Share insights and ponder perspectives with others. Books may be borrowed from the Delaware County District Library or downloaded. Pick up at Main and Orange branches of Delaware County District Library, using your library card.

Oct. 20: "River of the Gods: Genius, courage, and betrayal, in the search for the source of the Nile" by Candice Millard. Doubleday, 2022.

Nov. 17: "To Rescue the Republic: Ulysses S. Grant, the Fragile Union, and the Crisis of 1876" by Bret Baier and Catherine Whitney. Custom House, 2021.

Dec. 15: "The Good Life: Lessons from the World's Longest Scientific Study of Happiness" by Robert Waldinger. Simon & Schuster, 2023.

Fee: \$3 for series.

GANDHI MOVIE SCREENING PLUS Q&A *COMMUNITY EVENT*

Tuesday, Oct. 7, 4–7:45 p.m.

For details, see Enrich Social Connections.

PRESERVATION PARKS NATURE TABLE

Wednesday, Oct. 15, 11 a.m.–1 p.m.

Check out the nature table. You never know what you might learn about nature around us!

BOOK CLUB: FICTION ADDICTION

Third Wednesday of each month, 1–2 p.m.

Join facilitator and member Annette Schorr as she leads this book discussion group. Enjoy sharing and experiencing others' thoughts and perspectives. Please get the book on your own. For questions, email apschorr2@gmail.com.

Fee: \$3 for series.

SOCRATES CAFE

Wednesdays, Oct. 22, Nov. 26, Dec. 17, 1–3 p.m.

Socrates Cafes foster thinking and dialoging about thought-provoking questions. They touch essential life and living issues. Members share their perspectives and insights of richly rewarding information. Join the new Socrates Cafe for lively, energizing dialogues to enrich facets of your life led by experienced facilitators. Cafe Plus: Members wishing to have a more in-depth conversation may do so from 2:30–3 p.m.

Oct. 22: Wisdom

Nov. 26: The Simple Life

Dec. 17: Honor

Fee: \$3 for series.

MODEL TRAIN GROUP

Thursdays, 9:30–10:30 a.m.

Calling all train fans! Discuss running layouts, scenery and tips. Come and watch or bring in your trains, engines and cars to run. Come when you can.

Fee: \$3 for series.

IT'S GREEK TO ME: SERIES

Third Thursday of each month, 1–2 p.m.

We spend our days steeped in Greek history without knowing it. Come explore a series of Greek topics with discussion leader, Sylvia Zimmerman, who has a MA in psychology and a M.Div from Methodist Theological Seminary.

Oct. 16: How the Greek city/state came to be so important to western civilization

Nov. 20: The philosophy of Plato and his Republic
Dec. 18: A summary of the Greek culture, its many disciplines and military, statesmanship, architecture, literature, history and more

Fee: \$3 for series.

Educational Classes & Presentations

To ensure proper planning, register at least two business days prior to the class. Programs are listed in chronological order.

TECHNOLOGY 1:1 ASSISTANCE

Mondays, Oct. 6 through Dec. 15, 10 a.m.–12:45 p.m. by appointment.

Jarren Ringle provides guidance on technology in a 45-minute time slot. Do you have questions regarding a cell phone, PC, laptop, or tablet? Share your device and your questions at registration. Limit: two sessions per month.

TECHNOLOGY 1:1 ASSISTANCE: WAITING LIST

Mondays, Oct. 6 through Dec. 15, 10 a.m.–12:45 p.m. by appointment.

Jarren Ringle provides guidance on technology in a 45-minute time slot. If the timeslots are full, please register for this waiting list. We will contact those on the waiting list in order of enrollment if appointments become available.

FINDING YOUR ROOTS 1:1 SESSIONS BY APPT.

Tuesdays, 1–3 p.m. or 3–5 p.m. at Delaware County District Library, 84 W. Winter St., Delaware.

Thursdays, 10 a.m.–noon, or 1–3 p.m. at Delaware County District Library, 84 W. Winter St., Delaware.

Join a volunteer from the Delaware County Genealogy Society at the Main Branch of the Delaware County District

Library as you work with an experienced researcher using both online and paper resources for genealogical research. To schedule your session, register for an available time slot. Limit of one session per month.

ASK AL 1:1 SESSIONS ON PHOTOGRAPHY: CAMERA BASICS

Wednesdays, Oct. 8, 15, 22, 29 Nov. 5, 12, Dec. 3, 10, 17, 9–10:30 a.m. by appointment. Register for one session.

Do you want to know more about photography? Learn about basic camera procedures and camera controls such as composition, multiple exposure, time lapse photography, etc. Ask Al Smith 1:1. Please answer questions at registration so that Al is better prepared to help you. Limit: one session per month.

TECHNOLOGY: COMPUTER BASICS *NEW!*

Wednesdays, Oct. 8 and 15, 1:30–3:30 p.m.

Learn computer and smartphone basics with Raman and Ranjan Panchal for simple day-to-day activities, such as preparing documents and spreadsheets, sending emails, checking websites for information, banking, and other simple matters. Ray has a master's degree in

mechanical engineering, was a Manufacturing Manager and has teaching experience. Jan is a retired computer professional with a degree in computer science with mathematics.

HISTORY: POST-WORLD WAR II AND "COLD WAR" AMERICA NEW DAY AND TIME

Thursdays, Oct. 9 through Nov. 13, 9–11 a.m.

Dr. Richard Owens, author, tenured history professor, past University President, U.S. Navy officer and more, will discuss Post-World War II and "Cold War" America Under Presidents Truman and Eisenhower.

Oct. 9: Domestic Life and Ferment in the late 1940s and the 1950s.

Oct. 16: We Liked Ike: America at Home in the 1950s.

Oct. 23: The Cold War and Foreign Policy Issues During the Truman Presidency, part I.

Oct. 30: The Cold War and Foreign Policy Issues During the Truman Presidency, part II.

Nov. 6: The Cold War and Foreign Policy Issues During the Eisenhower Presidency, part I.

Nov. 13: The Cold War and Foreign Policy Issues During the Eisenhower Presidency, part II.

Fee: \$30 for six-week series.

HERB PRESERVATION *NEW!*

Thursday, Oct. 9, 1–3:30 p.m.

Let's talk about herb

preservation worries—and put them to rest! Dive into simple, foolproof techniques to save your fresh herbs from going to waste, without stress. Presenter Susan Leichthy.

Fee: \$3.

MIND AEROBICS *HYBRID*

Fridays, 11 a.m.–noon.

Challenge yourself each Friday morning as you listen, focus, laugh, and problem solve in a comfortable setting, in-person or online. Each week is different, with segments that encourage you to think. Join us in person or on Zoom.

Fee: \$20 for the quarter.

CREATIVE WRITING: NEW TO CREATIVE WRITING

Second Monday of each month, 2:15–4:15 p.m.

Whether you've just started or are picking up the pen again, this friendly group helps you explore ideas, express emotions, and practice empathy through storytelling and poetry. Each session includes time to share (up to 5 minutes) and hear from others. New to the group? Reach out to facilitator Judy Titus at titusj3083@gmail.com for this month's prompts. Sessions are ongoing—join anytime.

Fee: \$5 for series.

LIVING LIFE TO ITS FULLEST

RETURNS

Tuesdays, Oct. 14 through Dec. 9, 1–2:30 p.m. (No class Nov. 25.)

Adults experience many life changes. They take on new jobs, roles, and relationships. They retire. They relocate to new houses and communities. They experience both growing and shrinking families. Their minds and bodies become more capable in many ways as well as less able in other ways. Living Life to Its Fullest focuses on adapting to life's changes, building strong relationships, living fully and joyfully, and continuing to grow, adapt, and thrive. It is not a lecture series; it uses discussion and hands-on experiences to bring helpful ideas to life. Join us for this enlightening, insightful and thought-provoking series. Register by Oct. 21.
Fee: \$40 for eight-week series.

DOWNSIZING SERIES START TO FINISH *NEW!*

Wednesday, Oct. 15 and Mondays, Nov. 17 and Dec. 15, 2:30–3:30 p.m.

Caring Transitions franchise owner Justin Issacson offers practical guidance and emotional support for older adults and their families facing major life transitions. Topics include decluttering and organizing your home,

preparing to move, selling or donating personal belongings, and adjusting to a smaller living space. Learn how to approach these changes with confidence, reduce stress, and make thoughtful decisions that honor your memories while simplifying your lifestyle. Issacson is not affiliated with or endorsed by SourcePoint.
Oct 15: Downsizing—Where to Start
Nov. 17: The Paper Diet
Dec. 15: Estate and Online Sales
Fee: \$5 for series.

CREATIVE WRITING: CONTINUING

Fourth Monday of each month, 2:15–4:15 p.m.

Share your writing with others in a welcoming community. Fellow writers share positive, constructive feedback. Previous writing experience recommended. If you are new to the group, please email facilitator Judy Titus at titusj3083@gmail.com for the most current prompts
Fee: \$5 for series.

TRAVELING THE BUCKEYE STATE—OHIO'S GREAT DESTINATIONS *NEW!*

Thursday, Oct. 30, 1–3 p.m.
Ohio is a land of hidden gems. This presentation will take a closer look at the sights, attractions, and cities worth

seeing in the state that's considered "The Mother of Presidents." You will get great travel trips as you see our great state's only national park to our more unique and worthwhile museums. There is so much to see in O-H-I-O.
Fee: \$3.

VIETNAM—FROM THE HILL COUNTRY TO HO CHI MINH CITY *NEW!*

Monday, Nov. 3, 12–1:30 p.m.
Enjoy a discussion about a captivating journey through Vietnam, exploring its rich cultural, historical, and geographical diversity. Beginning in the remote hill country of the north, we examine the traditions of Vietnam's ethnic minority groups and the breathtaking natural landscapes of regions. The presentation offers an overview of how Vietnam's past and present coexist, creating a unique and resilient national identity.
Fee: \$3.

THE BATTLE OF FORT SUMTER: FIRST SHOTS OF THE CIVIL WAR *NEW!*

Wednesday, Nov. 5, 10 a.m.–noon.
It began on April 12, 1861, when Confederate artillery fired on the Union garrison. These were the first shots of the war and continued all day,

watched by many civilians in a celebratory spirit. The fort had been cut off from its supply line and surrendered the next day. The presentation describes the decisions Lincoln had to make during the most desperate of days of his early presidency. This is what started it all.
Fee: \$3.

TECHNOLOGY: COMPUTER BASICS *NEW!*

Wednesdays, Nov. 5 and 12, 1:30–3:30 p.m.

Learn computer and smartphone basics with Raman and Ranjan Panchal for simple day-to-day activities, such as preparing documents and spreadsheets, sending emails, checking websites for information, banking, and other simple matters. Ray has a master's degree in mechanical engineering, was a Manufacturing Manager and has teaching experience. Jan is a retired computer professional with a degree in computer science with mathematics.

LET'S TALK FLYING

Saturday, Nov. 8, 10:30–11:30 a.m.

Join member Dan Kiser, a pilot with more than 50 years of experience, for a lively discussion on exploring the wide-open skies! Whether you're an experienced pilot, an aspiring aviator, or simply

curious about flying, this class is for you. Dan will share stories from his decades in the air, answer your questions, and offer insights into how you can begin your own journey into aviation. No piloting experience is required—just bring your curiosity and love of adventure!
Fee: \$3.

AYURVEDA: FOOD AS SELF-CARE

Monday, Nov. 10, 1–3 p.m.

Vaidya Vandana will guide you through exploring how mindful eating and small daily practices bring harmony to body and mind. Understand how food connects with energy, emotions, and overall wellbeing, and create your own simple fall self-care plan. Vaidya Vandana Baranwal, BAMS, MD (Ayurveda-BHU), has over 30 years of experience in clinical practice, education, and research, and is dedicated to sharing the healing wisdom of Ayurveda. She teaches at Ohio State University's Integrative Health Center and the Hindu University of America. A recipient of the Charaka Award and co-author of two books on women's health, she integrates Ayurveda, Yoga, and Astrology into her holistic approach.
Fee: \$3.

TECHNOLOGY: TECH THREATS **Thursday, Nov. 13, 1–2:30 p.m.**

Does it seem like the “web” is filled with dangers? Are you afraid you will be scammed? Do you feel like you are being targeted or that you are expected to be a techie to make a doctor appointment? Are you afraid you will do something you shouldn't and break something? Let's talk about these concerns and others. You will learn about the real threats and how you can deal with them. Presenter Jarren Ringle.

WHAT DO YOU KNOW? *NEW!* **Tuesday, Dec. 2, 10 a.m.–noon.**

Remember the game Trivial Pursuit, where you could get a topic and answer a multiple-choice question? This presentation gets everyone involved with questions and fascinating information from a variety of topics like History, Science, Entertainment, Geography, and General knowledge. Each audience member will have a chance to participate. Get a right answer and win a “delicious” prize. Fun, educational, and engaging as we all try to learn about “what we don't know.”
Fee: \$3.

**TECHNOLOGY: FRAUD, SCAM,
SOCIAL SECURITY HACKED?**

Wednesday, Dec. 10, 1–3 p.m.

Join Ray and Jan Panchal as they share how to guard against fraud, scams, phone scams, and data breaches.

What steps should you take in the case of a data breach?

Ray has a master's degree in mechanical engineering, was a Manufacturing Manager and has teaching experience. Jan is a retired computer professional with a degree in computer science with mathematics.

CHECK OUT YOUR LIBRARY *on the Lower Level. When classes are not in session, books may be borrowed. Returning books is easy: Place them on the cart in the hallway.*