

Monthly Meal Selection

POLICY: Please cancel no later than
 11:00 a.m. 2 days prior to delivery.
 To order alternate meals, call
 2 business days in advance.

Name: _____

February 2026	CANCEL MEALS			HOT MEALS				COLD MEALS		
Service Date	Cancel Hot Meal	Cancel Cold Meal		Regular	Low Sodium	Carb Control		Regular	Low Sodium	Carb Control
Mon. 2/2/26										
Tue. 2/3/26										
Wed. 2/4/26										
Thu. 2/5/26										
Fri. 2/6/26										
Mon. 2/9/26										
Tue. 2/10/26										
Wed. 2/11/26										
Thu. 2/12/26										
Fri. 2/13/26										
Mon. 2/16/26										
Tue. 2/17/26										
Wed. 2/18/26										
Thu. 2/19/26										
Fri. 2/20/26										
Mon. 2/23/26										
Tue. 2/24/26										
Wed. 2/25/26										
Thu. 2/26/26										
Fri. 2/27/26										

SourcePoint Meals on Wheels
spnutrition@mysourcepoint.org
740-204-2434

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