

# IN-HOME CARE SERVICES

Services, resources, and referrals to help Delaware County adults ages 55 and older live safely at home.



740-363-6677

**MySourcePoint.org**





SourcePoint is Delaware County's most comprehensive resource for professional expertise, services, and

programs for adults who want to **thrive after 55**. Whether you're 55 or 95, SourcePoint can help you set your own course to **live well as you age**.

SourcePoint's in-home care services are designed to help **older adults remain living safely in their own homes** with independence and dignity. We provide direct access to in-home services, as well as referrals to community resources and answers to your aging-related questions. Services include:

### Adult Day Care

Adult day care provides socialization, support, and safety to frail and chronically ill adults, as well as adults with cognitive or physical disabilities, while allowing them to return home at the end of the day.

### Basic Nursing Services

Registered nurses help you achieve optimal health and well-being through simple screenings and medication set-up.

### Emergency Response Systems

A small help button, typically worn around the neck or the wrist, provides a direct link to 24-hour emergency assistance.

### Homemaker Services

For those unable to perform household tasks themselves, services may include light cleaning, cooking, and laundry. Homemaker escorts are also available to accompany you on local errands.

### Meals on Wheels

Our Meals on Wheels program provides delicious hot and cold meals delivered by a caring volunteer. In addition to providing good nutrition, a home-delivered meal provides family the security of knowing someone is regularly

checking on their loved one. We offer several menu options, including meals with restricted carbohydrates or low sodium.

## Medical Transportation

Rides to medical appointments, social service agencies, and adult day care centers.

## Mental Health Counseling

In-home behavioral health services are available to individuals enrolled in our program.

## Personal Care

Personal care assistants or home health aides help with daily activities like bathing and dressing.

## Respite Care

Respite services are designed to provide relief and rest for family caregivers, so that stress and tension is minimized. Services can be provided in the home or at a local facility. Respite workers also can perform personal care tasks, such as help with bathing, grooming, and dressing.

SourcePoint provides access to additional services, including:

- **AARP Foundation Tax-Aide**—Tax counselors help prepare federal and state tax returns for individuals who need assistance.
- **Home Energy Assistance Program (HEAP)**—The Ohio Department of Development offers programs to help lower-income residents pay utility bills and improve the heating and cooling efficiency of their homes.

## Why Choose SourcePoint?

### CARE

Our licensed professionals, called care consultants, work one-on-one with each client to customize a plan of needed services. They specialize in issues associated with getting older, and can often spot and prevent problems before they occur.

### CONVENIENCE

Care consultants handle all service arrangements, including facilitating appointments and customer service with providers.

### COST

SourcePoint's services are available to all Delaware County residents ages 55 and older. **Eligibility for in-home care services is based on need, not income.** Services are available on a sliding fee scale, so copays differ for each client based on financial circumstances. Whether you receive one service or five, you'll receive just one monthly statement.

## Community Programs

In addition to in-home care services, SourcePoint also provides a variety of programs both at SourcePoint and throughout the county, including:

- Enrichment center access with hundreds of programs each quarter.
- Family caregiver support.
- Insurance education.
- Cafe 55 and farmers market vouchers.

**Learn more at [MySourcePoint.org](https://www.mysourcepoint.org) or call 740-363-6677.**



## You Give—and We're Grateful!

Delaware County's older population is growing at a phenomenal rate—it more than doubled from 2000 to 2010, and is expected to double again by 2030. Every gift, no matter the size, supports our mission by helping us keep pace with the growth and fill the gaps.

**Every dollar makes a difference.  
Support our mission today at  
[MySourcePoint.org/give](https://MySourcePoint.org/give).**



MAIN OFFICE AND ENRICHMENT CENTER  
800 Cheshire Road, Delaware

**740-363-6677 | [MySourcePoint.org](https://MySourcePoint.org)**



SourcePoint is a nonprofit 501(c)(3) organization that provides professional expertise, services, and programs for Delaware County adults who want to thrive after 55, as well as family caregivers. Services and programs are supported by the local senior services levy, private and corporate donations, grants, and the Central Ohio Area Agency on Aging.

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