

Monthly Meal Selection

POLICY: Please cancel no later than 11:00 a.m. 2 days prior to delivery.
 To order alternate meals, call 2 business days in advance.

Name: _____

April 2026	CANCEL MEALS			HOT MEALS				COLD MEALS		
	Cancel Hot Meal	Cancel Cold Meal		Regular	Low Sodium	Carb Control		Regular	Low Sodium	Carb Control
Wed. 4/1/26										
Thu. 4/2/26										
Fri. 4/3/26										
Mon. 4/6/26										
Tue. 4/7/26										
Wed. 4/8/26										
Thu. 4/9/26										
Fri. 4/10/26										
Mon. 4/13/26										
Tue. 4/14/26										
Wed. 4/15/26										
Thu. 4/16/26										
Fri. 4/17/26										
Mon. 4/20/26										
Tue. 4/21/26										
Wed. 4/22/26										
Thu. 4/23/26										
Fri. 4/24/26										
Mon. 4/27/26										
Tue. 4/28/26										
Wed. 4/29/26										
Thu. 4/30/26										

SourcePoint Meals on Wheels
spnutrition@mysourcepoint.org
740-204-2434

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