LIVING BEYOND LOSS

Dynamic Support for Those Dealing with Loss

Led by an aging-services professional, Living Beyond Loss provides support for caregivers who have lost loved ones in recent years. *Rediscover yourself, regain a sense of identity, and build your support system.* ***Available both online and in-person at SourcePoint.***

In-Person
Tuesday, July 13
2-3 p.m.

Online
Tuesday, July 27
2-3 p.m.

Register at **MySourcePoint.org/caregiver**
or contact Jessica Adams, caregiver program coordinator, at jadams@MySourcePoint.org or 740-203-2399.

SourcePoint's caregiver programs are funded in part by the Central Ohio Area Agency on Aging.

800 Cheshire Road, Delaware, Ohio 43015 | 740-363-6677 | **MySourcePoint.org**