

Caregivers from the *Heart*

Meets at SourcePoint
1st and 3rd Mondays at 9 a.m.

Join us!

Join our newest caregiver group!

Living with the demands of caring for a loved one, this peer-led group seeks to provide encouragement and support for one another. Register at MySourcePoint.org/caregiver or call 740-363-6677.

“ *We value actively listening to each other as we learn about the phases and stages of our care receivers' health conditions. We endeavor to recognize and undertake the need to care for ourselves.* ”



SourcePoint's caregiver programs are funded in part by the Central Ohio Area Agency on Aging.

800 Cheshire Road, Delaware, Ohio 43015 | 740-363-6677 | MySourcePoint.org