

# Enhance Learning

## In-Person and Online Programs

**September 2021**



**740-363-6677**

**MySourcePoint.org**



**Aug. 30–Oct. 2, 2021**

Hours of operation:

Monday–Thursday, 8 a.m.–8 p.m.

Friday, 8 a.m.–5 p.m.

Saturday 8 a.m.–noon.

*Close at 4 p.m. Sept. 3 and 2 p.m.*

*Sept. 10; closed Sept. 4, 6, Oct. 1.*

Registration is required and begins Aug. 23 at [MySourcePoint.org/EC](http://MySourcePoint.org/EC) or with customer service. All programs take place at SourcePoint, 800 Cheshire Road, Delaware unless otherwise indicated. Programs subject to change.

**Scholarships** are available and applying is easy! Contact Annette at 740-363-6677 or aleatherman@MySourcePoint.org.

**Cancellation Policy:** You will receive a refund for fee-based programs canceled by SourcePoint or for programs from which you withdraw before the deadline. Refunds are not available for programs you're unable to attend.

Find current visitor guidelines at [MySourcePoint.org/restart](http://MySourcePoint.org/restart)

*Lifelong learning can enhance our understanding of the world around us, provide us with more and better opportunities, and improve our quality of life.*

## Discussion Groups

### BOOK CLUB: NONFICTION DIALOGUE

**Monday, Sept. 20, noon–1 p.m.**

Read and discuss “The Pioneers: The Heroic Story of the Settlers Who Brought the American Ideal West” by David McCullough. Share insights and ponder perspectives with others. Books may be borrowed from the Delaware County District Library or downloaded. Pick up curbside at the Main or Orange branch of Delaware County District Library using your library card.

### ONLINE BOOK CLUB: NONFICTION DIALOGUE

**Monday, Sept. 20, noon–1 p.m.**

See description above. The online discussion is independent of the in-person. You will receive the program link via email after registration is complete.

## Educational Classes & Presentations

### MIND AEROBICS

**Fridays, 11 a.m.–noon. (No class Sept. 3.)**

Challenge yourself each Friday morning with Joan Pearse as you listen, focus, laugh, and problem solve in a comfortable setting. Each week is different, with segments that encourage you to think. *Fee: \$5.*

### THINK POSITIVE

**Friday, Sept. 10, 9:30–10:30.**

Joan Pearse leads this program on the benefits of positivity. Share with others and hear awesome stories, quotes, and music that encourages and inspires.

*Fee: \$4.*

## **MEDICAL DRUG DROP-OFF**

### **SPECIAL EVENT!**

**Thursday, Sept. 16, 9–11 a.m.**  
Drop off prescription drugs that you no longer need for safe disposal. Representatives from the Delaware Police Department and Drug-Free Delaware will be on hand to collect unused medications. No inhalers, liquids, syringes, over-the-counter medications, natural supplements, or vitamins please.

## **MEDICAL IDENTIFICATION**

### **CARD SPECIAL EVENT!**

**Thursday, Sept. 16, 9–11 a.m.**  
Patrolman Robert Hatcher from the Delaware Police Department makes your personalized medical ID card. Please bring a current medication list, doctors' information, health conditions, and emergency contact info to include on the card. This ID can provide first responders info in the case of an emergency. Schedule your 15-minute appointment. Please fill out attached paperwork prior.

## **SOUTHWEST NATIONAL PARKS**

### **Friday, Sept. 17, 1–2:30 p.m.**

Local historian Van Young shares a presentation on Our National Parks: Grand Canyon, Bryce Canyon, Lake Powell, and Zion National Park. Nothing is as impressive as the Grand Canyon or as jaw-dropping as

Zion National Park. This talk takes the audience on a tour of parks of the southwest, as we see incredible vistas, colors, and people that make this part of our county unique.

## **TECHNOLOGY: USING IT SAFELY**

**Thursday, Sept. 23, 10–11:15.**  
Jarren Ringle, technology and professional project manager, answers technology questions. Is your phone safe to use to check your bank account? What value does your identity have and how can it be stolen? Learn how to safely use tech. Time is also allotted for questions.

## **CHIMNEY SWIFT WATCH: FIELD TRIP NEW!**

**Thursday, Sept. 23, 6:45–8 p.m., at 141 S. Sandusky St., Delaware.**

Looking for a unique experience? Dick Tuttle, retired science teacher and active conservationist, will share info on counting chimney swifts as they hopefully enter the chimney at Edwards Gymnasium on the Ohio Wesleyan campus. Dick will share swifts' life history, journey, winter homes, and info about Audubon Park in the Hardware Exchange parking lot at 141 S. Sandusky St. Bring binoculars and a lawn chair. Come rain or shine!

## **RX FOR A SICK HEALTHCARE SYSTEM NEW!**

**Friday, Sept. 24, 1–2:30 p.m.**  
Americans spend more per person on health care by far than any other country. Yet despite one out of every six dollars being spent on health care, our outcomes are not as good as other developed nations. Bob Gitter, professor of economics at OWU, discusses reasons behind these higher expenditures, as well as reasons behind the lagging measures of health. Various proposals for dealing with these issues will be evaluated and discussed.

## **TECHNOLOGY 1:1 ASSISTANCE NEW!**

**Monday, Sept. 27, 10 a.m.–noon.**

Jarren Ringle provides guidance on technology in a 30-minute time slot. Do you have questions regarding a cell phone, PC, laptop, or tablet? Share your device and your question at registration so Jarren can be prepared to help.

## **Educational Online Options**

Register at least two business days prior to the class. *You will receive the program link via email after registration is complete.*

### **ANIMATION: BEGINNINGS THROUGH WWII**

**Wednesday, Sept. 15, 1–2 p.m.**

Phil LaDouceur, retired museum director, discusses the history of animation from its start to the 1940s. Presentation will include classic cartoon examples including Betty Boop, Snow White, Mickey Mouse, Bugs Bunny, and more!

### **EMOTIONAL SUPPORT: GET CONNECTED**

**Friday, Sept. 17, 12:30–1:30.**

Anita Gearhart, MSW, older adults clinician at Syntero, facilitates this group. Join her guest speaker who discusses the importance of staying connected electronically and otherwise. Staying socially connected is helpful emotionally. Support one another in this support group.