

IN-HOME CARE SERVICES

Services, resources, and referrals
to help Delaware County adults ages
55 and older live safely at home.



740-363-6677

MySourcePoint.org





SourcePoint is Delaware County's primary resource for professional expertise, services, and programs for adults who

want to **thrive after 55**. Whether you're 55 or 95, SourcePoint can help you set your own course to **live well as you age**.

SourcePoint's in-home care services are designed to help **older adults remain living safely in their own homes** with independence and dignity. We provide direct access to in-home services, as well as referrals to community resources and answers to your aging-related questions. Services include:

Adult Day Care

Adult day care provides socialization, support, and safety to frail and chronically ill adults, as well as adults with cognitive or physical disabilities, while allowing them to return home at the end of the day.

Chore Services

Help with a variety of chores, such as changing light bulbs, tacking down cords or rugs, raking leaves, shoveling snow, cleaning out garages or basements, and more.

Emergency Response Systems

A small help button, typically worn around the neck or the wrist, provides a direct link to 24-hour emergency assistance.

Homemaker Services

For those unable to perform household tasks themselves, services may include light cleaning, cooking, and laundry. Homemaker escorts also are available to accompany you on local errands.

Meals on Wheels

Our Meals on Wheels program provides delicious hot and cold meals delivered by a caring volunteer. In addition to providing good nutrition, a home-delivered meal provides family

the security of knowing someone is regularly checking on their loved one. We offer several menu options, including meals with restricted carbohydrates or low sodium.

Medical Transportation

Rides to medical appointments, social service agencies, and adult day care centers.

Mental Health Counseling

In-home behavioral health services are available to individuals enrolled in our program.

Basic Nursing Services

Registered nurses help you achieve optimal health and well-being through simple screenings and medication set-up.

Personal Care

Personal care assistants or home health aides help with daily activities like bathing and dressing.

Respite Care

Respite services are designed to provide relief and rest for family caregivers, so that stress and tension is minimized. Services can be provided in the home or at a local facility. Respite workers also can perform personal care tasks, such as help with bathing, grooming, and dressing.

SourcePoint can provide access to additional services, including:

- **AARP Foundation Tax-Aide**—Tax counselors help prepare federal and state tax returns for individuals who need assistance.
- **Home Energy Assistance Program (HEAP)**—The Ohio Department of Development offers programs to help lower-income residents pay utility bills and improve the heating and cooling efficiency of their homes.

Why Choose SourcePoint?

CARE

Our licensed professionals, called care consultants, work one-on-one with each client to customize a plan of needed services. They specialize in issues associated with getting older, and can often spot and prevent problems before they occur.

CONVENIENCE

Care consultants handle all service arrangements, including facilitating appointments and customer service with providers.

COST

SourcePoint's services are available to all Delaware County residents ages 55 and older.

Eligibility for in-home care services is based on *need*, not income. Services are available on a sliding fee scale, so copays differ for each client based on financial circumstances. Whether you receive one service or five, you'll receive just one monthly statement.

Community Programs

In addition to in-home care services, SourcePoint also provides a variety of programs both at SourcePoint and throughout the county, including:

- Enrichment center access with more than 200 programs each quarter.
- Family caregiver support.
- Medicare education.
- Nutrition services.

Learn more at [MySourcePoint.org](https://www.mysourcepoint.org) or call 740-363-6677.



Give the Gift of Healthy Aging

Generous donations make a difference in our community—both for the older adults we currently serve and for the future.

As our older population continues to grow, we rely on donations to help us fill the gaps and serve more seniors than ever before.

**Every dollar makes a difference.
Make an impact today at
MySourcePoint.org/give.**



HEADQUARTERS

Main Office and Enrichment Center
800 Cheshire Road, Delaware

SOUTH OFFICE

1070 Polaris Parkway, Suite 200, Columbus

740-363-6677 | MySourcePoint.org



SourcePoint is a nonprofit 501(c)(3) organization that provides professional services and programs for Delaware County adults who want to thrive after 55. Services and programs are supported in part by the local senior services levy, corporate and private donations, sponsorships, grants, the Central Ohio Area Agency on Aging, and United Way of Delaware County.

EIN 31-1354284