

PRESS RELEASE

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This release is available on the SourcePoint website at MySourcePoint.org/press.

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SourcePoint Seeks Support for Delaware County Meals on Wheels

DELAWARE COUNTY—Throughout the month of March, SourcePoint is raising funds in support of the organization's Meals on Wheels program. In 2022, SourcePoint provided over 276,000 meals to older adults in Delaware County—a 20% increase over the previous year. To support the growing need for home-delivered meals and the importance of a daily well-being check, SourcePoint invites the community to "go the extra mile" by donating to the program.

SourcePoint's fundraising campaign, sponsored by OhioHealth, coincides with Meals on Wheels America's national campaign, March for Meals. The national campaign celebrates the historic day in March of 1972 when President Nixon signed into law a measure that amended the Older Americans Act to include a national nutrition program for adults 60 years and older.

SourcePoint is the Meals on Wheels provider in Delaware County, annually serving more than 1,500 adults 55 years and older. The program provides vital nutrition to older adults, with a variety of menu choices to meet both personal preferences and medical needs. In addition, the daily delivery of meals by SourcePoint's volunteers helps combat social isolation and enable independence of those served.

"We are fortunate to have such a generous community," said Fara Waugh, CEO of SourcePoint. "We have over 400 volunteers who help us prepare and deliver meals. In addition to the valuable time and efforts of those volunteers, we also have many individuals and local businesses who donate to Meals on Wheels. Every dollar received is vital to aging services, especially in today's economy, where rising food and fuel costs affect our budget significantly."

To donate to SourcePoint's Meals on Wheels program, go to <u>MySourcePoint.org/give</u>, send or drop off a donation to 800 Cheshire Road, Delaware, Ohio 43015, or call 740-363-6677.

SourcePoint is a nonprofit 501(c)(3) organization that provides professional expertise, services, and programs for Delaware County adults who want to thrive after 55, as well as family caregivers. Services and programs are supported by the local senior services levy, private and corporate donations, grants, and the Central Ohio Area Agency on Aging.