Express Yourself With the Arts

In-Person Programs

Seurce Double thrive after 55

740-363-6677 MySourcePoint.org

April 3–July 1, 2023 Hours of operation: Monday–Thursday, 8 a.m.–8 p.m. Friday, 8 a.m.–5 p.m. Saturday, 8 a.m.–noon. Close at 4 p.m. May 26; Close at 2 June 9; Closed May 27 and 29.

Registration is required and begins March 20 at MySourcePoint.org/ EC or with customer service. All programs take place at 800 Cheshire Road, Delaware unless otherwise indicated. Programs subject to change.

Scholarships are available and applying is easy! Contact Annette at 740-363-6677 or aleatherman@ MySourcePoint.org or apply online.

Cancellation Policy: You will receive a refund for fee-based programs canceled by SourcePoint or for programs from which you withdraw before the deadline. Refunds are not available for programs you're unable to attend. The expression of our feelings, thoughts, or ideals, especially in writing, art, music, or dance, is an effective way to process our experiences and to connect, navigate, and grow with each other.

SPECIAL EVENT ARTS AND CRAFTS SUPPLY SALE Tuesday, April 11, 9 a.m.–1 p.m.

Don't miss this opportunity to attend the first arts and crafts supplies sale! We are blessed to have wonderful donations. We have sorted through our supplies and due to limited space, have a variety of rubber stamps, scrapbook papers, buttons, embroidery floss, Cricut machines with die cuts, lace, ribbons, shells all for sale at reasonable prices. No registration necessary. All proceeds support enrichment center programming.

Art Groups

PAINTING GROUP

Mondays, 1–4 p.m.

Come and bring your supplies to paint or draw with other members as you share tips, tricks, and inspiration.

WOODCARVING GROUP

Tuesdays, 9–11 a.m.

Join fellow carvers as you carve, share ideas, and tips. Bring your own supplies.

KNITTING GROUP

Tuesdays, 11 a.m.–1 p.m. Join other knitters as you knit, share ideas, tips, and tricks.

QUILTING: QUILTERS RULE

Tuesdays, 1–3 p.m.

Join fellow quilters as you work on your own projects and share ideas. Bring your own supplies.

Spring 2023

OODLES OF DOODLES GROUP Tuesdays, 2:30–4:30 p.m.

Come, relax, draw, doodle, color, whatever you wish to do with member Suzanne Gavozzi. Bring your supplies. You will be surprised at what techniques you will learn.

DEL CHIMERS

Wednesdays in April and May (no June sessions), 1–2:15 p.m.

Come and play hollow metal tubes that make sounds similar to hand bells. You will play basic folk, patriotic, pop, and classical music. Basic musicreading skills are needed. Peggy Hawse leads this group.

QUILTING: LIFE'S A STITCH Thursdays, noon–3:30 p.m.

Join fellow quilters as you work on your own projects and share ideas. Bring your own supplies.

HANDWORK WITH FRIENDS Thursdays, 2–4 p.m.

Join others as you work on crochet, knitting, or other handwork. Bring your supplies.

DO FOR OTHERS Fridays, 9–11 a.m.

Volunteer to create quilts for Grady Memorial's babies and other organizations.

GOLDEN NOTES CHORAL GROUP *RETURNING*

Fridays, 1:15–3 p.m. No choir on June 2 or June 9. Do you enjoy singing? Come and join the Golden Notes choral group led by Ruth Rabby. Ruth's life has been one of music, as a vocal performer, college teacher of voice, speech, and performance related subjects, and director of church music.

COLORING GROUP Saturdays, 8–11:45 a.m.

Destress, express yourself, work on attention to detail, and enjoy coloring with others. Bring your own supplies.

CREATIVE WRITING Mondays, April 24, May 8, and June 26, 2–4 p.m.

Share your writing with others in a welcoming community. Fellow writers share positive, constructive feedback. Writing prompts are shared in class and for writing at home by Instructor Joan Pearse. Previous writing experience recommended. If you are new to the group, contact Joan Pearse for the homework prompts at 740-203-2410 or joan@MySourcePoint.org.

SCRAPPY CRAFTERS Tuesdays, April 25, May 9 and 16, June 13 and 27, 10 a.m.–1. Volunteer to make handmade items for the gift shop and share your love of creativity in support of SourcePoint.

Instructional Arts Classes: April

Register at least two business days prior to class. Supplies provided unless otherwise indicated. Programs are listed in chronological order.

GUITAR LESSONS: TRUE BEGINNER

Tuesdays, 2:30–3 p.m.

This class is for those brand new to guitar. Instruction will include how to hold and tune a guitar, proper chord and pick positioning, basic strumming, and changing between chords. If you have never played the guitar or have questions, contact Bob Claymier at 740-816-9627 before you register to learn more or schedule private lessons. Bring your guitar.

GUITAR LESSONS: INTERMEDIATE Tuesdays, 3–4 p.m.

This group will cover advanced strum patterns, fingerpicking, playing musical notation and guitar tablature, and simple riffs for selected songs.

GUITAR LESSONS: ADVANCED BEGINNERS

Tuesdays, 4–4:30 p.m.

This group will know basic chords and strumming patterns and will work on becoming more proficient at changing chords, more chords, fingerpicking, and strum patterns.

STYLIZED DOODLING AND COLORED PENCIL ART Tuesday, April 4, 11, and 18, 4–6 p.m.

Learn how to draw an intricate doodle outline around an image and use colored pencils and blending techniques to color it in. The result is a beautiful image on 19x24 paper. Instructor Carol Wallenfelsz guides. *Fee: \$25.*

NO-SEW EASTER BUNNIES AND GNOMES *NEW*!

Wednesday, April 5, 5:30–7:30. Turn ordinary socks into an adorable stuffed Easter bunny and gnome duo. Led by Instructor Carol Wallenfelsz. *Fee: \$15 for two.*

LIQUID STAINED GLASS Wednesdays, April 12, 19, 26, and May 3, 9:30 a.m.–noon. Instructor Joan Pearse will show you how to create a 10x13 framed piece using Plaid glass paints. Learn the fabulous qualities of this paint. Supplies provided except for the hanger. Have an idea of what your image will be prior to the first class. Contact Joan at Joan@MySourcePoint.org for assistance.

Fee: \$42.

MEDITATIVE ART: DRAW YOUR BREATH *NEW!* Wednesday, April 12, 5:30–

7:30 p.m.

Awareness of the breath can help improve focus, help with relaxation, and increase energy levels. Deepen the connection between the body, mind, and breath as you are guided through meditative breathwork exercises. You will choose from watercolors or colored pencils to create an 11x14 piece of art that reflects your connection to your breath. Led by certified meditation teacher Carol Wallenfelsz. *Fee: \$18.*

KNITTING: NEXT STITCH Thursdays, April 13, 20, and 27, 10–11:30 a.m.

Bring a simple knitting pattern of a scarf or something that interests you. The pattern should say "easy." Bring the size needle required and yarn suited for your project. Knitter Jan Hoover will guide you through your project. You need to know how to cast on, knit purl, and bind off. *Fee: \$15.*

SPRING FLOWER ARRANGEMENT *NEW!* Friday, April 14, 1–3 p.m.

Join Elaine Frueh as she guides you step-by-step to create a spring triangle arrangement with pink, purple, and white artificial flowers. *Fee: \$20.*

VIOLIN: BASICS Fridays, April 21, May 5, 12, 19, 26, and June 2, 10–11 a.m. Learn the basics of the violin with musician Kathleen Mergler. Please bring a full-size, four-string violin and bow. Fee: \$60 for six-week series.

PIANO: BEGINNER

Saturdays, April 15, 22, May 6, 13, 20, and June 10, 9–10 a.m. Learn the basics of piano with musician Kathleen Mergler using the Faber and Faber, Primer Level books (Amazon). Purchase books ahead of time or see how class goes. Bring your keyboard if you have one. *Fee: \$60 for six-week series.*

EARTH DAY UPCYCLED SLATE WITH FLOWERS Saturday, April 15, 9:30–11:30 a.m.

Celebrate Earth Day (April 22) by turning recyclables into art! Make a slate wall hanging suitable for hanging outside decorated with flowers we'll make out of aluminum cans. Led by Carol Wallenfelsz. *Fee: \$20.*

UPCYCLING: BOX MAKING Tuesday, April 18, 1–2 p.m.

Crafter Sue Workman will share a skill with you...making boxes from greeting cards! Once you know how, you can use this technique to personalize gifts! *Fee: \$5.*

OPEN STUDIO

Tuesday, April 18, 3:30–5 p.m.

Enjoy time with others in a creative environment as you finish up a piece from a previous class or bring your own project to work on.

REPOUSSE JOURNALS *NEW!* Wednesday, April 19, 1–4 p.m.

Crafter JJ Jackson will lead you in repousse, the art of raised decoration. Use a raised letter or create your own with a stencil. Begin a 6x9 journal featuring 12 double-sided pages that you can keep adding to. Add photos, stickers, and words to your journal. *Fee: \$10.*

WATERCOLOR: CATS *NEW!* Mondays, April 24 and May 1, 1–3 p.m.

Artist and instructor Anne Vasser will show you how to watercolor your expression of a cat on watercolor paper inspired by the Laurel Burch cats. If you have your own brushes, you may bring them. *Fee: \$30.*

WET FELTING: SUNRISE AND BLOOMS *NEW*!

Tuesday, April 25, 4–7 p.m. Join artist Robin Clay as she guides you through the process of wet felting. Your piece will be 5x7. Bring an old bath towel and a bar of soap. *Fee: \$20.*

YARN WOVEN BASKET *NEW!* Wednesday, April 26, 5:30– 7:30 p.m.

Weave yarn through a metal mesh basket to create a unique container or decorative piece. Led by Carol Wallenfelsz. *Fee: \$12.*

PHOTOGRAPHY

Thursday, April 27, 1–3 p.m. Join other photographers as you share photos and are challenged to take creative shots outside your comfort zone with prompts and a brief lesson. Bring up to 15 of your best shots on a flash drive to share. Contact joan@ MySourcePoint.org for the most current assignment if you are new to the group. *Fee: \$5.*

SPRING BLING GLITTER AND GLASS

Saturday, April 29, 9:30–11:30 a.m.

Bring some bling to your walls with a 16x20 canvas piece painted with acrylic paint and embellished with glitter and crushed glass. Led by instructor Carol Wallenfelsz. *Fee: \$25.*

INSTRUCTIONAL ART CLASSES: MAY CHERRY BLOSSOM TREE PAINTING NEW!

Tuesday, May 2, 4–6 p.m.

Using heavy body acrylics, paint a vibrant cherry blossom tree on an 8x10 canvas. Led by instructor Carol Wallenfelsz. *Fee: \$15.*

SCRAP FABRIC SPRING WREATH NEW!

Wednesday, May 3, 5:30–7:30 p.m.

Make a colorful spring wreath by tying scraps of fabric around an embroidery hoop. Led by instructor Carol Wallenfelsz *Fee: \$20.*

WOODBURNING 101 Thursdays, May 4 and 11, 9–11:30 a.m.

Instructor and artist Shelia Theisen will show you how to use SourcePoint's woodburning unit. Create a welcome sign, numbers of your address, or an important date on a bark edge board using woodburning techniques learned in class. Class size is very limited. *Fee: \$50.*

GET CREATIVE WITH SPOOLS NEW!

Thursday, May 4, 2–4 p.m. Make a spool flower garden, note holder, or just a fun decorative piece using a variety of materials. Make as many as you'd like during class time. Led by Carol Wallenfelsz. *Fee: \$20.*

STONE CARVING: BEGINNING Mondays, May 8, 15, 22, June 5, 12, and 19, 9:45–11:45 a.m.

Learn the basics of stone carving with artist Dave Thomas, including how to lay out a project, protect the layout, identify cracked stone, and use the tools provided in class. Dave can share where to get your own tools to proceed on your own. You will be working outside, standing at a workstation for the duration of the class. Stone provided. Use tools provided. Bring safety glasses and gloves. *Fee: \$40 for six-week session.*

STONE CARVING: CONTINUING Mondays, May 8, 15, 22, June 5, 12, and 19, 12:15–2:15 p.m. Artist Dave Thomas guides students to the next level. Prerequisite is Beginning Stone Carving. If you have a stone in process, please bring it. Bring safety glasses and gloves. *Fee: \$40 for six-week session.*

STEP BY STEP PAINTING: FIREFLIES *NEW*!

Tuesdays, May 9 and 16, 5:30– 7:30 p.m.

Artist Linda Williams will lead you step by step in creating a night scene with fireflies and a mason jar on a 16x20 canvas using acrylic paints. No experience needed. *Fee: \$32.*

PAPER QUILLING JEWELRY *NEW!* Wednesdays, May 10 and 17, 5:30–7:30 p.m.

Learn how to roll thin strips of paper to make your own necklaces and/or earrings. Make up to four pieces. Led by instructor Carol Wallenfelsz. *Fee: \$25.*

MINDFULNESS WALK AND MEDITATIVE ART *NEW!* Thursday, May 11, 10 a.m.– noon at Shale Hollow Park, 6320 Artisan Run, Lewis Center.

For nature lovers, the outdoors is a perfect setting for a walking meditation. Immersing yourself in nature provides an opportunity for renewed energy and a sense of spiritual and emotional balance. Join us for a guided mindfulness walk among the trees. After the meditative time, we will gather to create a unique piece of art with items found in nature along with a variety of provided materials on your choice of an 8x10 canvas or a wood box. Feel free to bring a sack lunch and enjoy social time afterward. This experience will be led by certified meditation teacher, Carol Wallenfelsz. Fee: \$20.

PHOTOGRAPHY

Thursday, May 11, 1–3 p.m.

Join other photographers as you share with one another and are challenged to take creative shots outside your comfort zone with prompts and a brief lesson. Bring up to 15 of your best shots on a flash drive to share. Contact joan@ MySourcePoint.org for the most current assignment if you are new to the group. *Fee: \$5.*

RESIN POUR PAINTING *NEW!* Saturday, May 13, 9:30–11:30 a.m.

This is similar to an acrylic paint pour, but instead of acrylic paint, we will use resin colored with mica powders. The result is a colorful abstract pour that dries to look like glass. Make up to two 8x10 canvas pours. Carol Wallenfelsz guides. *Fee: \$30.*

EMBOSSING: TIPS & TECHNIQUES *NEW!*

Wednesday, May 17, 1–3 p.m. Crafter JJ Jackson will lead the exploration of the many methods of embossing with powders, inks, and folders. *Fee: \$12.*

OPEN STUDIO

Tuesday, May 23, 3:30–5 p.m. Enjoy time with others in a creative environment as you finish up a piece from a previous class or bring your own project to work on.

BIG CANVAS SPIN ART Wednesday, May 24, 5:30–7 p.m.

If you have seen our spin art machine, you know how much fun it is to add paint and watch as a work of art is made. This class will take spin art to a new level using a 16x20 canvas. Please wear old clothes. This class will be held outside. Carol Wallenfelsz leads. *Fee: \$25.*

SEASHELL SEAHORSE OR TURTLE ART *NEW*!

Thursday, May 25, 2–4 p.m.

Make a seahorse or turtle out of seashells glued onto an 8x10 canvas. Led by instructor Carol Wallenfelsz. *Fee: \$15.*

ACRYLIC SKIN PAINTING Wednesdays, May 31 and June 7, 5:30–7:30 p.m.

Make your own acrylic skins by pouring paint on a nonstick surface. Experiment with swirling and marbling and add mix-ins like crushed eggshells, sand, beads, and string to create texture. When the paint has dried, it gets peeled off to create a single skin of paint. Cut your paint skin into pieces and glue onto a 16x20 canvas to create an abstract work of art. Carol Wallenfelsz guides. *Fee: \$30.*

INSTRUCTIONAL ART CLASSES: JUNE WOOL CARDINAL Saturday, June 3, 9:30–11:30 a.m.

Back by popular demand, Robin Clay shows you how to create a wool cardinal using the needlefelting process. You will love this state bird of Ohio. *Fee: \$20.*

PAINTING: ABORIGINAL DOTS NEW!

Mondays, June 5 and 12, 1–3 p.m.

Artist and instructor Anne Vasser will lead you in unique dot painting on an 8x10 canvas. Aborigines used dot painting as a way of telling a story and recording ritual practices. They would use the pictures as a guide, much like we use note cards during a speech. As they told a story, Didgeridoo players often played music. Often, the stories depicted were secret, and only certain members of the tribe were allowed to know the contents, these were usually the ones that depicted ritual practices. They would paint dots all over the picture as a form of camouflage. Only those "in the know" were able to decipher the hidden pictures within. One of the most common stories told in dot paintings is the Aboriginal creation story. Fee: \$30.

WASHI TAPE & ENVELOPE TRAVEL JOURNAL *NEW!* Tuesday, June 6, 10 a.m.– noon.

Crafter JJ Jackson shows you how to use, make, store and enjoy washi tape. Create a journal using envelopes to hold memorabilia from your travels or experiences. *Fee: \$15.*

DECOUPAGE A WOOD CRATE NEW!

Tuesday, June 6, 4–6 p.m. Use scrapbook paper to decoupage an 8x14 wood crate, then embellish with a variety of materials to create a unique decorative box. Led by instructor Carol Wallenfelsz. *Fee: \$20.*

SPIRITUAL ART: A FULL HEART **NEW!**

Wednesday, June 7, 1–4 p.m. Each artist will fill their heart with beautiful things, jewelry, baubles, buttons, or glass while focusing on being grateful for our many blessings. Share inspirational thoughts or quotes with others, then create a meaningful remembrance of our time together. *Fee: \$20.*

INTERGENERATIONAL: TEXTURED MIXED MEDIA HOT AIR BALLOON *NEW!* Saturday, June 10, 9:30–11:30 a.m.

Enjoy a morning with your grandchild or other special child in your life creating together. In celebration of National Hot Air Balloon Day (June 5), we will use a variety of different textured materials to create a colorful hot air balloon on a 16x20 canvas. Led by instructor Carol Wallenfelsz. *Fee: \$25 per canvas.*

STEP BY STEP PAINTING: PATRIOTIC HEART *NEW!* Tuesdays, June 13 and 20, 5:30–7:30 p.m.

Artist Linda Williams will lead you step by step in creating a patriotic heart that states "land that I love." You will use acrylic paints on a 16x20 canvas. No experience needed. *Fee: \$32.*

MOSAIC GARDEN ROCKS *NEW!* Wednesday, June 14 & 21, 5:30–7:30 p.m.

Turn ordinary rocks into colorful works of art to brighten up your garden. Use a variety of materials to decorate up to three rocks. Led by instructor Carol Wallenfelsz. *Fee: \$20.*

PAPER QUILLING & DECOUPAGE PLATE *NEW!*

Tuesday, June 20, 10:30–noon and 1–3 p.m., and Wednesday, June 21, 1–4 p.m. Create a sunflower using quilling papers on a plate with crafter Sue Workman. Decorate the back of the plate with fabric with crafter JJ Jackson. *Fee: \$15.*

ADVENTURES IN ABSTRACT ART: SQUEEGEE PAINTING NEW!

Friday, June 23, 1–3 p.m. Learn how to paint with a squeegee to create a one-of-akind abstract work of art on a 16x20 canvas. Led by instructor Carol Wallenfelsz. *Fee: \$30.*

MINI CANVAS SUMMER SCENE NEW!

Saturday, June 24, 9:30–11:30 a.m.

Paint a serene ocean scene on a 5x5 canvas to celebrate the beginning of summer (June 21). Led by Carol Wallenfelsz. *Fee: \$15.*

OPEN STUDIO

Tuesday, June 27, 3:30–5 p.m.

Enjoy time with others in a creative environment as you finish up a piece from a previous class or bring your own project to work on.

LIQUID STAINED GLASS Wednesdays, June 28, July 5, and July 12, 1–3:30 p.m. and July 19, 2–4:30 p.m. Instructor Joan Pearse will show you how to create a 10x13 framed piece using Plaid glass paints. Learn the fabulous qualities of this paint, blending, overlapping, wet-in-wet techniques, and more. Supplies provided except for the hanger. Please have an idea of what your image will be prior to class. Contact Joan at Joan@ MySourcePoint.org. *Fee: \$42.*

GETTING LOST IN NATURE PHOTOGRAPHY

Thursday, June 29, 1–2:15 p.m. Get lost in photos of nature through Joan Pearse's lens. Even viewing photos of nature can have a positive effect on wellness. Photos will include those taken between March and June. Take time to relax and to be in awe of the beauty of nature. Joan will include educational info, too. *Fee: \$5.*