## Enrich Social Connections

## In-Person and Online Programs

Fall 2023



740-363-6677 MySourcePoint.org









#### Oct. 2-Dec.30, 2023

Hours of operation:

Monday-Thursday, 8 a.m.-8 p.m. Friday, 8 a.m.-5 p.m.

Saturday, 8 a.m.-noon.

Close at 4 p.m. Nov. 22, Dec. 22, and Dec. 29; Close at 2 p.m. Oct. 6 and Nov. 17; Closed Nov. 23-25, Dec. 23 and 25, Dec. 30.

#### Registration is required and

begins Sept. 18 at MySourcePoint. org/EC or with customer service. All programs take place at 800 Cheshire Road, Delaware unless otherwise indicated. Programs subject to change.

**Scholarships** are available and applying is easy! Contact Annette at 740-363-6677 or aleatherman@ MySourcePoint.org or apply online.

Cancellation Policy: You will receive a refund for fee-based programs canceled by SourcePoint or for programs from which you withdraw before the deadline. Refunds are not available for programs you're unable to attend.

Follow your passion, find your group, and enrich your connection with others!

## **Special Events**

#### DANCE! NOT NEW YEAR'S EVE DANCE

Thursday, Dec. 28, 5:30-7:30 p.m.

What do you get when you mix Blue Limestone Project, a dance floor, and friends a few days before the new year? A dance party to celebrate what a wonderful year 2023 has been! We'll provide the band, dance floor, and bottled water while you come ready for a fun evening. Feel free to bring in your own snacks and beverage.

#### **FRIENDSGIVING**

Friday, Nov. 17, 11 a.m.-1:30 p.m.

Our fall guarter luncheon celebrates the magic of relationships. The talented kitchen staff will create a feast to enjoy with friends. Sponsored by Interim Healthcare. For individuals ages 55 and better, lunch is available on a donation basis. For those younger than 55, lunch is \$8.

#### **GENOA TOWNSHIP SOCIAL: TUNES AND TRIVIA**

Wednesday, Oct. 18, 1–3 p.m. at Genoa Township Hall, 5111 S. Old 3C Highway, Westerville.

Peggy will tickle the ivories as she tests your trivia skills.

### **GENOA TOWNSHIP SOCIAL: BINGO**

Tuesday, Nov. 14, 1–3 p.m. at Genoa Township Hall, 5111 S. Old 3C Highway, Westerville.

15 games each time. \$1 per pack of 15 bingo sheets, payable in the room. BYO dauber. \$1 bingo prize, \$2 for last game cover-all.

**SENIORS AGAINST SCAMS** (see Transitions flyer)

Wednesday, Dec. 13, 1–3 p.m. at Genoa Township Hall, 5111 S. Old 3C Highway, Westerville.

New scams are created every day. This program is designed to provide a basic understanding of the types of scams targeting

older adults and how to protect yourself from becoming a victim. Be empowered by looking at:

- How Much You Know About Scams
- Why You're at Risk for Financial Scams
- The Usual Suspects & Types of Scams
- Protecting Yourself & Loved Ones from Scams
- Resources to Report Scams
   & Financial Abuse

#### **SUNBURY SOCIALS**

Third Monday of each Month, 1–3 p.m. at Sunbury Township Hall, 51 E. Cherry St., Sunbury. In partnership with the city of Sunbury, SourcePoint is hosting three social gatherings for people to meet others at Sunbury's Town Hall. With food, fellowship, and fun, these events focus on engaging with others in the Sunbury area. Bring your smile and have fun with other locals 55 and better!

*Oct.* 16: Halloween Party *Nov.* 20: Ornament Making *Dec.* 18: Mocktails/Cooking for 1 or 2

WELCOME TO SOURCEPOINT DAY: LUNCH, TOUR, AND RESOURCE EXPO Wednesday, Nov. 15, 10:30 a.m.–1 p.m.
Enjoy comradery and a

delicious lunch in Cafe 55 with

Concierge Team members.

Following lunch is a tour of SourcePoint complete with a stop at our mini resource expowhere you will learn about different programs and services SourcePoint offers.

## **Entertainment & Music**BACKSTAGE PASS: THE BLUE

Wednesdays, 5:30–7:30 p.m.
Your backstage pass to band
practices gives you a chance to
enjoy music performances as
they develop. Note when bands
obtain "paying gigs," rehearsals
are canceled. Registering
ensures you receive schedule
updates. With roots in a weekly
jam session at Blue Limestone
Park, this talented group of

four continually stretches their

#### **CAFE MUSIC LOUNGE**

talents in many ways.

The Radebaugh Room transforms into a Cafe Music Lounge where diners enjoy live music while dining. First Friday of each month, 11:30–1 p.m., Cafe Duet: David and Mary perform instrumental favorites playing aerophone and violin. Second Thursday of each month, 11:30-1 p.m., Dan the One-Man Band plays a multitude of instruments from the harmonica to the banjo to the guitar and more. Third Friday of each month, 11:30 a.m.-1:30 p.m., Peggy's

Piano Bar showcases a range of genres tickling the ivories. Third Wednesday, 11–12:30 p.m., Elastic Band plays a variety of familiar songs! Fourth Thursday of the month, noon–1 p.m., Terra McCanney shares her love of piano playing with diners. Bill Allman entertains diners most Tuesdays from noon–12:30 as he performs many styles of music, like ragtime, on our grand piano.

# ELASTIC BAND Wednesdays, 10:30 a.m.-noon.

We provide the music, you provide the fun! Bring your instrument for weekly rehearsals and play with others.

## GUITAR GROUP: SIP AND STRUM

Tuesdays, 5-6:30 p.m. at

Stratford Road, Delaware.
Intermediate guitar group.
New participants welcome.
Play cover songs the group recommends. Participants need to know and play basic chords. Cost is \$20 for two months and covers the use of the room, payable onsite. For more information, contact Bob at 740-816-9627 or bobclaymier@gmail.com.

#### LIVE ON CHESHIRE

Thursdays, 5:30-7:30 p.m.

Local entertainers perform new shows for members to enjoy.

Oct. 5: Mark Sparrow—A one man band with self-produced backing tracks. Songs ranging from country standards to classic rock.

*Oct. 12: Summertime*—Enjoy the beat with classics from the 50s and 60s.

Oct. 19: Sultans—A seven-piece combo playing big band classic standards such as Sentimental Journey, Moonlight in Vermont, Tuxedo Junction, Woodchoppers Ball, Jersey Bounce, etc.

#### Oct. 26: Forever In Time-

The band formerly known as New Image Band performs a variety of songs ranging from Margaritaville to Unchained Melody and more.

**Nov. 2: In A Jam**—Delaware's own acoustic/electric trio providing classic rock, country and pop music from the 50s, 60s, 70s, 80s and today.

## Nov. 9 Of Sound Minds—

featuring friends playing songs from the 60's and 70's that showcase 3-part harmonies and quality musicianship that create a party atmosphere.

Nov. 16: Blue Limestone
Project—Classic rock hits that
include artists from many eras
like The Beatles, Johnny Cash,
Phil Collins, and Fleetwood
Mac.

*Nov. 23: Thanksgiving* – No music.

**Nov. 30: MEEK Quartet**—Four voices and a guitar blend to perform favorites from the 30s, 40s, 50s, and 60s.

**Dec. 7: Summertime**—Enjoy the beat with classics from the 50s and 60s.

Dec. 14: Westerville Jazz
Orchestra—This subset of
the Westerville Community
Band performs your Big Band
Favorites.

**Dec 21: Friends Musicale**—
SourcePoint members
showcase their musical talents.

## LIVE ON CHESHIRE: HITS THE ROAD

## Various days/evenings.

Did you know the musicians who perform at LIVE on Cheshire, providing magical evenings for us, do so as volunteers? We'll be heading out to different establishments to enjoy their talents. The day, time, and location will vary, so be sure to register to stay apprised of what is happening each week. Food and beverage on your own.

## MEMBER JAM SESSION Mondays, 2–4 p.m.

Do you sing or play an instrument and enjoy playing with other musicians? Then bring your instrument for a fun, weekly jam session. We take turns picking songs from

a variety of genres from classic to contemporary country, rock and roll, and more!

#### **MOVIES**

Mondays, 5–7:30 p.m. or Tuesdays, 2:30–5 p.m. Oct. 2 and 3: About My Father (2023) 1h 29m, PG-13, Comedy Oct. 9 and 10: 12 Mighty Orphans (2021) 1h 57m, PG-13, Drama/Historical Oct. 16 and 17: Mission

*Part One* (2023) 2h 43m, PG-13, Suspense/Adventure/Action *Oct. 23 and 24: Secondhand* 

Impossible: Dead Reckoning

*Lions* (2003) 1h 49m, PG, Comedy/Drama/Family

Oct. 30 and 31: Haunted Mansion (2023) 2h 3m, PG-13, Comedy/Drama/Family

Nov. 6 and 7: On A Wing and a Prayer (2023) 1h 42m, PG, Drama

**Nov. 13 and 14: Air** (2023) 1h 54m, R, Sports/Drama

Nov. 20 and 21: Oppenheimer: The Real Story (2023) 1h 37m, 16+, Documentary (Not the blockbuster)

Nov. 27 and 28: Oppenheimer (2023) 3h, R, Biography/
Drama/History

Dec. 4 and 5: Momma Mia (2008) 1h 48m, 13+, Comedy/ Romance/Musical SING-A-LONG

Dec. 11 and 12: Mack & Rita (2022) 1h 34m, PG-13, Comedy/Drama/Fantasy Dec. 18 and 19: Barbie (2023)

1h 54m, PG-13

Dec. 26: Shotgun Wedding (2023) 1h 41m, R, Comedy/ Action/Romance

TUNES AND TRIVIA Friday, Oct. 20, 11:30 a.m.– 12:30 p.m.

Peggy will tickle the ivories as she tests your trivia skills.

## **Events & Mixers**

ACTIVITY INCUBATOR
Second Tuesday of the month,
9:30–11 a.m.

Many successful programs start with a member asking, "Can we have \_\_ activity?" Join Marilyn to brainstorm activities to get SourcePoint members engaged.

## EDUCATOR'S KLATCH AND LUNCH

Friday, Dec. 8, 10:30 a.m.– 12:30 p.m.

Calling all retired teachers, professors, administrators, support staff, coaches and more! Whether you worked in public schools, universities, or another educational setting, come enjoy fellowship with other retired educators. This month, we're supporting SourcePoint's Meals on Wheels program through a card project and donation of pet food. We will end our program enjoying lunch together in Cafe 55 while listening to the music of The Outsiders. Please bring some pet food to donate.

SHOOT THE BREEZE
Monday, Wednesdays, and
Fridays, 9–10:30 a.m.
Join members in fun,
impromptu discussions.

## **Out & About Groups**

Registration is necessary for program leaders to make reservations with business partners. If you are no longer able to attend, please call 740-363-6677 to withdraw.

## DINING OUT WITH CENTER DINERS

Third Thursday of each month, 5:30–7:30 p.m.

Dine with friends at various restaurants.

*Oct. 19:* El Molcajete Mexican Restaurant & Bar, 76 Powell Road, Lewis Center.

*Nov. 16:* Liberty Tavern, 50 S. Liberty St., Powell.

Dec. 21: Polaris Grill, 1835
Polaris Parkway, Columbus (5 p.m. this week only).
Questions, contact Roy
Campbell at 740-624-6928.
Dinner on your own.

## DINING OUT WITH RED HATS **EXCURSION**

Thursday, Oct. 26, bus departure 10:30 a.m., estimated return 2 p.m.

Join our special excursion to Schmidt's Sausage Haus in German Village and celebrate Oktoberfest! Transportation provided by the SourcePoint bus. Meet in the Gathering Room and leave promptly at 10:30 a.m., estimated return 2 p.m. Celebrate our last hurrah! Contact Marilyn Clark with questions: 740-363-6677 or marilyn@MySourcePoint.org. Space is limited so register early! \$12 for bus required at time of registration, lunch on your own.

Fee: \$12.

# DINING OUT WITH ROMEOS First Tuesday of each month, 12:30–2:00 p.m.

Join the "Retired Old Men Eating Out" group for lunch! *Oct. 3:* Eclectic Diner and Sweeterie, 755 U.S. Highway 23 N., Delaware.

Nov. 7: Opa Grill and Tavern, 18

S. Sandusky St., Delaware. Dec. 5: Son of Thurmon, 5 N. Sandusky St., Delaware. Questions, contact Don Esber at 740-602-3223, 740-548-6713 or djbuckeye@aol.com. Lunch on your own.

## LET'S WINE ABOUT IT Second Wednesday in Nov. and Dec., 5:30–7 p.m.

Celebrate autumn while sipping wine from local wineries with friends. Please note that Clo Wine Bar has a \$10 corkage fee should you purchase a bottle to consume during our outing. Questions, email Charlene Meyer at emeye04@hotmail.com.

**Nov. 8:** Oak and Brazen, 38 W. Winter St., Delaware.

*Dec.* 13: Clō Wine Gallery & Lounge, 27 N. Sandusky St., Delaware.

## LET'S WINE ABOUT IT EXCURSION

Thursday, Oct. 12, 5:30–7 p.m., bus departure 4:45 p.m., estimated return 7:30 p.m.

The Taphouse at Retreat 21, 11433 Industrial Pkwy., Marysville, OH 43040.

You may drive yourself or for \$12 allow this to be extra special by traveling on the SourcePoint bus.

Questions, contact Stephanie Harden at 740-504-7913 or stephaniehrdn@yahoo.com.

# MEN ON THE MOVE: SIMPLE COOKING FOR ONE OR TWO Wednesday, Nov. 29, 11 a.m. -1 p.m. at The Avalon of Lewis Center, 8875 Green Meadows Dr., Lewis Center.

Cooking for one or two does not have to be bland and boring. Enjoy a wonderful lunch as the Chef at the Avalon of Lewis Center showcases how you can create a wonderful meal with simple ingredients most of us have in our pantries. Questions, contact Don Stegman at dwpasteggs@att. net or 614-288-5883.

# RIDE AFTER 55 Second Monday of each month, noon-1 p.m.

SourcePoint's motorcycle group where folks who like to ride get together. This quarter, we will focus on getting in a few more rides while the weather is still somewhat warm and before we put them away for the winter. For more info, contact Harold Dursik at 740-919-9578 or hdursik@wowway.com or Kevin Turay at 614-578-9867 or KTURAY8562@aol.com.

## Recreational Activities & Games

Please arrive promptly. Play begins at start time!

BILLIARDS
Mondays and Thursdays,
8 a.m.–4 p.m.
Tuesdays and Wednesdays,
8 a.m.–8 p.m.
Fridays, 8 a.m.–5 p.m.
Saturdays, 8 a.m.–noon.

All skill levels welcome.

## BILLIARDS LEAGUE FALL QUARTER

Mondays, Oct. 2-Dec. 18, 4:15-7:45 p.m.

All levels of players are welcome to play friendly games of 8-ball! Teams are set up and play based on enrollment numbers.

**Billiards League Substitute**Cannot commit to be a

regular, but want to join in for some friendly games? Register as a substitute: Subs are needed each Monday.

## BILLIARDS TOURNAMENT Thursdays 4:45–7:45 p.m.

A weekly walk-in tournament where we draw names for partners. We play 8-ball, 9-ball, or another game. Be there by 4:45 to draw names, then play begins promptly at 5.

#### **BINGO**

Wednesdays or Fridays, 2:30–4:30 p.m.; Nov. 22, Dec. 22, and Dec. 29, 2:15 –3:45 p.m. Fifteen games each time. \$1 per pack of 15 bingo sheets, payable in the room. BYO dauber. \$1 bingo prize, \$2 for last game cover-all.

BRIDGE (OPEN PLAY)
Mondays, 11 a.m.-1 p.m.
Fridays, 1-3:30 p.m.
Play social bridge with others.

## BRIDGE, DUPLICATE (ACBL-SANCTIONED)

Tuesdays, 10 a.m.-1 p.m. Thursdays, 10 a.m.-1 p.m.

Partner is required. If you do not have a partner, register as a substitute and you will be contacted when a partner is available. Questions, please contact Sue Bennington at 740-815-4538. Also, please contact Sue directly for any days you are unable to attend. \$5 per

play, payable in the room.

Bridge, Duplicate (ACBL-Sanctioned) – Have a Partner

If you have a partner and enjoy playing Duplicate Bridge, register to join in. Any day you are unable to participate, contact Sue.

Bridge, Duplicate (ACBL-Sanctioned) – Substitute

Would you like to participate in Duplicate Bridge but do not have a partner? Register as a substitute and efforts will be made to provide a partner. Contact Sue with questions.

# DOMINOES: MEXICAN TRAIN Tuesdays and Thursdays, 1:30–4:30 p.m.

Play this ancient game with friends who are looking to enjoy a good round of "bones."

#### **EUCHRE**

Mondays, 2:30-4:30 p.m. Wednesdays, 5:30-7:30 p.m.

Socialize with others while playing eight 15-minute games of progressive Euchre. All skills welcome. Depending on the number of participants, some tables may have three players while others have four.

## HAND AND FOOT CANASTA Mondays or Wednesdays, 1:30–4:30 p.m.; Nov. 22, 12:45–3:45 p.m.

Join members in playing the American version of Canasta that became popular in the U.S. in the 1950s. Since there are a multitude of ways to play Hand and Foot, we ask that your first time attending you sit and watch. You will be given a set of rules for reference.

## LEARN TO SOCIAL PARTNER DANCE

Thursdays, 5:30-6:15 p.m.

Have you always wanted to learn some of your favorite dances like swing, foxtrot, rumba, hustle, cha-cha, or more? Join us for a fun, varied sampler of beginner lessons in social, Latin, and ballroom dancing! You DON'T need a partner to join in the fun! Please wear comfortable shoes with smooth felted bottoms, leather soles, or dance shoes.

# LINE DANCING: ADVANCED Tuesdays, 6–7:30 p.m. or Thursdays, 1–2 p.m.

Lace up your dancing shoes and grab your spot in a row. This class is for proficient line dancers who want to grow their abilities. We will spend time learning intermediate and advance dances and then put our steps to music.

# LINE DANCING: BEGINNER Mondays, 6–7 p.m. or Tuesdays, 9–9:45 a.m.

Whether you have never line danced before or it's been a long time and you need a refresher, this is the class

for you. The emphasis is on learning individual steps and beginner dances. All skills welcome and according to Dave Barry, "Nobody cares if you can't dance well, just get up and dance."

## LINE DANCING: INTERMEDIATE

Tuesdays, 10–10:45 a.m.

If you've mastered the basic steps and beginner dances, you're ready for this class. We will build on skills taught in Line Dancing: Beginner.

#### **MAH JONGG**

Mondays, 10 a.m.–12:30 p.m. Wednesdays, noon–4 p.m. Fridays 9 a.m.–noon.

Spend the afternoon playing this ancient Chinese tile game.

#### **PINOCHLE**

Thursdays, 9:30 a.m.-12:30 p.m.

What happens when a game combines "meld" and "tricks?" You get Pinochle. Come join us in Double Deck Pinochle-experienced and newcomers welcome.

#### **TABLE TENNIS**

Mondays and Wednesdays, 2–4:30 p.m.

Thursdays, 5-7:45 p.m. Saturday, 8:30-11:45 a.m.

Play singles or doubles. All skill levels welcome. Friendly competition and peer coaching.