# Enrich Social Connections

### In-Person and Online Programs

## Spring 2024



740-363-6677 MySourcePoint.org

April 1–June 29, 2024 Hours of operation: Monday–Thursday, 8 a.m.–8 p.m. Friday, 8 a.m.–5 p.m. Saturday, 8 a.m.–noon. Close at 4 p.m. May 24; Close at 2 p.m. April 8 and May 10; Closed May 25 and 27.

#### **Registration is required**

and begins March 18 at **MySourcePoint.org/EC** or with customer service. All programs take place at 800 Cheshire Road, Delaware unless otherwise indicated. Programs subject to change.

Scholarships are available and applying is easy! Contact Annette at 740-363-6677 or aleatherman@ MySourcePoint.org or apply online.

**Cancellation Policy:** You will receive a refund for fee-based programs canceled by SourcePoint or for programs from which you withdraw before the deadline. Refunds are not available for programs you're unable to attend. Follow your passion, find your group, and enrich your connections!

#### **Special Events** DANCE! HIGH FIVE DANCE *NEW!* Thursday, April 18, 5–7:30 p.m.

Did you know that the third Thursday in April is National High Five Day? Every little success in life deserves a bit of celebration so we're going to observe the success of LIVE on Cheshire with a dance! We'll be kicking up our heels and high fiving with friends to the music of In A Jam. While the music won't start until 5:30, at 5 we'll have a little line dance lesson. Then, at 6:15, there will be a mini-social partner dance lesson. As usual, please feel free to bring in your own dinner and beverage of your choice.

#### MUSIC FESTIVAL Thursday, June 27, 5–7:30 p.m.

What do you get when you combine two bands and an ice cream cart? A fun music festival! Enjoy the music of NOVA and Blue Limestone Project with friends. Sticky Fingers will be here so you can purchase some of their delicious ice cream. Please feel free to bring in your own dinner and beverage of your choice.

## WELCOME TO SOURCEPOINT!

## Thursday, May 16, 11:45 a.m.–1:30 p.m.

Join the Community Engagement and Concierge Teams to learn more about what all SourcePoint has to offer. Following, there will be guided tours and the opportunity chat will staff members at our resource fair. If interested, you may also enjoy lunch in Cafe 55 with others in our group. For Delaware County residents 55 and better, lunch is available on a donation basis.

## WHEEL OF FORTUNE LUNCH

#### Friday, May 17, 11 a.m.–1:30 p.m.

Everyone loves a good game show, so we've decided to have some fun with this quarter's special lunch. Stop by Cafe 55 during the month of April as we spin the wheel to reveal letters in our word puzzle. Will you decipher the theme before it's revealed? As always, the talented kitchen staff will create a feast to enjoy with friends. For individuals ages 55 and better, lunch is available on a donation basis. For those younger than 55 or out of the county, lunch is \$8.

### Entertainment & Music BACKSTAGE PASS: THE BLUE LIMESTONE PROJECT

Wednesdays, 5:30–7:30 p.m. Your backstage pass to band practices gives you a chance to enjoy music performances as they develop. Note when bands obtain "paying gigs," rehearsals are canceled. Registering ensures you receive schedule updates. With roots in a weekly jam session at Blue Limestone Park, this talented group of four continually stretches their talents in many ways.

#### CAFE MUSIC LOUNGE

Various days throughout the month, the Radebaugh Room transforms into a Cafe Music lounge where diners enjoy live music while dining. Stop by Cafe 55 to see who is performing next!

#### ELASTIC BAND Wednesdays, 10:30 a.m.– noon. We provide the music,

you provide the fun! Bring your instrument for weekly rehearsals and play with others.

#### GUITAR GROUP: SIP AND STRUM

Tuesdays, 5–6:30 p.m. at Blend of Seven Winery, 1400 Stratford Road, Delaware.

Intermediate guitar group. New participants welcome. Play cover songs the group recommends. Participants need to know and play basic chords. *Cost is \$20 for two months and covers the use of the room, payable onsite.* For more information, contact Bob at 740-816-9627 or bobclaymier@gmail.com.

#### LIVE ON CHESHIRE Thursdays, 5:30–7:30 p.m.

Local entertainers perform new shows for members to enjoy. Please feel free to bring in your own dinner and beverage of your choice.

April 4: Of Sound Minds– featuring friends playing songs from the '60s and '70s that showcase 3-part harmonies and quality musicianship that create a party atmosphere. April 11: Summertime– Enjoy the beat with classics from the '50s and '60s. April 18: Be sure to register for our High Five Dance! April 25: Ain't Misbehavin'–A Dixieland band whose hot jazz will transport you Bourbon Street, New Orleans. May 2: Westerville Jazz Orchestra–This subset of the Westerville Community Band performs your Big Band Favorites.

May 9: The Sultans of Swing–A 7-piece combo playing big band classic standards like Sentimental Journey, Moonlight in Vermont, Tuxedo Junction, Woodchoppers Ball, Jersey Bounce, etc.

May 16: Blue Limestone Project–Classic rock hits that include artists from many eras like The Beatles. Johnny Cash, Phil Collins, and Fleetwood Mac May 23: Mark Sparrow–A one-man band with selfproduced backing tracks. Songs ranging from country standards to classic rock. May 30. NOVA–A musical instrumental duo playing an eclectic selection of tunes ranging from Eric Clapton to Nina Simone to Bob Marley to Smash Mouth.

June 6: MEEK Quartet–Four voices and a guitar blend to perform favorites from the '30s, '40s, '50s, and '60s. June 13: Art Opening and Friends Musicale–SourcePoint members showcase their musical talents and artwork. This is a community event. June 20: Summertime–Enjoy the beat with classics from the '50s and '60s.

#### MEMBER JAM SESSION Mondays, 2–4 p.m.

Do you sing or play the guitar or keyboard and enjoy playing with other musicians? Then bring your instrument for a fun, weekly jam session. We take turns picking songs from a variety of genres from classic to contemporary country, rock and roll, and more!

#### **Events & Mixers**

DINNER AND A MOVIE! NEW! Mondays, April 15, May 13 and June 10, 5–7:30 p.m. You bring your dinner and beverage; we bring the movie and the big screen!

April 15: The Boys in the Boat (2023) 2h 3m PG-13 Drama/Sports. The true story of a group of underdogs at the height of the Great Depression who are thrust into the spotlight, taking on elite rivals from around the world in the 1936 Berlin summer games. A tale of resilience, determination, and the power of teamwork. STARS: Joel Edgerton, Callum Turner, Peter Guinness. May 13: Rustin (2023) 1h 46m PG-13 Biography/Drama/ History. Activist Bayard Rustin is influenced by Martin Luther King and changes the course of Civil Rights

history when given the task of orchestrating the 1963 March on Washington. His enthusiasm motivates others even as he faces racism and homophobia. STARS: Colman Domingo, Chris Rock, Glynn Turman.

June 10: Special Screening! Live At Mister Kelly's (2021) 1h 21m 13+ Arts/ Entertainment/Documentary. A night of nostalgia, laughs, and never-before-told stories from some of the biggest names from the '50s-'70s! This legendary nightclub smashed color and gender barriers. Featuring Barbra Streisand, Steve Martin, Richard Pryor, Bob Newhart, Bette Midler, Ella Fitzgerald and more. Feel free to dress up (or not)! Movie screening followed by Q&A with executive producer and son of Mister Kelly's co-owner, David Marienthal.

#### EDUCATOR'S KLATCH AND LUNCH

## Wednesdays April 3 and June 5, 11 a.m.–1:30 p.m.

Meet and connect with other retired educators while we mix learning with socializing. In April, Joan Pearse will lead a Mini-Mind Aerobics session created with educators in mind. Then, in June, Leslie Menges, a retired nurse and caregiver, will show you the ropes to becoming an effective health care advocate. Both days, we'll start with lunch in Cafe 55. Questions contact Pam Young at 419-786-9362 or pamyoung8269@gmail.com.

#### SHOOT THE BREEZE Monday, Wednesdays, and Fridays, 9–10:30 a.m. Join members in fun, impromptu discussions.

SUNBURY SOCIALS Third Monday of each month, 1–3 p.m. at Sunbury Township Hall, 51 E. Cherry St., Sunbury. In partnership with the city of Sunbury, SourcePoint is hosting three social gatherings for people to meet others at Sunbury's Town Hall. With food, fellowship, and fun, these events focus on engaging with others in the Sunbury area. This quarter we'll learn and play Mexican Train Dominoes.

#### **Out & About Groups**

Registration closes 3 days prior to the event. If you are no longer able to attend, please call 740-363-6677 to withdraw.

BEYOND THE POINT NEW! First Wednesday of each month, 2:15–3:45 p.m. Looking for things to do on the weekend with other SourcePointers? We'll meet monthly to plan what we'll be doing together. Festivals, movies, theater productions, sporting activities, anything is possible. Please bring ideas and relevant information with you. For more information, contact either Judy Brink at 440-864-0662 or jbrink135@gmail.com or Kim Dursik at 330-340-9643 or kdursik@yahoo.com.

#### DINING OUT WITH CENTER DINERS

## Third Thursday of each month, 5:30–7:30 p.m.

Dine with friends at various restaurants.

April 18: Molly Woos, 1500 Polaris Parkway, Columbus. May 16: Chile Verde Cafe, 1522 Gemini Place, Columbus. June 20: Location TBD: Please register and you will be notified.

Questions, contact Roy Campbell at 740-624-6928. *Dinner on your own.* 

#### DINING OUT WITH JULIETS One Thursday each month, 11:30 a.m.-1 p.m.

Discover various dining establishments with "Just Us Ladies Into Eating Together."

April 11: Mimi's Cafe, 1428 Polaris Parkway, Columbus. May 16: Buca di Beppo, 60 E. Wilson Bridge Road, Worthington. June 13: Bun's Restaurant, 14 W. Winter St., Delaware.

Lunch on your own.

#### DINING OUT WITH ROMEOS First Tuesday of each month, 12:30–2:00 p.m.

Join the "Retired Old Men Eating Out" group for lunch! April 2: Pizza Cottage, 8753 Owenfield Drive, Powell. May 7: J. Gumbo's, 39 E. William St., Delaware. June 4: Scrambler's, 6313 Pullman Dr., Lewis Center. Questions, contact Don Esber at 740-602-3223, 740-548-6713 or djbuckeye@aol.com. Lunch on your own.

#### LET'S WINE ABOUT IT Thursday, April 11 or June 13, 5:30–7 p.m.

Enjoy sipping wine from local wineries with friends.

April 11: Henmick Farm & Brewery, 4380 N. Old State Road, Delaware.

June 13: Annie's Wine Cottage, 30 W. Olentangy St., Powell.

Questions, contact Stephanie Harden at 740-504-7913 or stephaniehrdn@yahoo.com.

#### LET'S WINE ABOUT IT EXCURSION

Thursday, May 9, 5:30–7 p.m., bus departure 4:45 p.m., estimated return 7:45 p.m. Dalton Union Winery & Brewery is located at 21100 Shirk Road, Marysville. You may drive yourself or for \$12 allow this to be extra special by traveling on the SourcePoint bus. Questions, contact Stephanie Harden at 740-504-7913 or stephaniehrdn@ yahoo.com.

#### RIDE AFTER 55 Second Monday of each Month, noon-1 p.m.

SourcePoint's motorcycle group where folks who like to ride get together. Join us as we share stories, adventures, and great places to eat as we plan for our spring rides. For more info, contact Harold Dursik at 740-919-9578 or hdursik@wowway. com or Kevin Turay at 614-578-9867 or kturay8562@aol.com.

#### Recreational Activities & Games

*Please arrive promptly. Play begins at start time!* 

#### BILLIARDS

Mondays and Thursdays, 8 a.m.–4 p.m. Tuesdays and Wednesdays, 8 a.m.–8 p.m. Fridays, 8 a.m.–5 p.m. Saturdays, 8 a.m.–noon. All skill levels welcome.

#### BILLIARDS LEAGUE SPRING QUARTER

Mondays, 4:15–7:45 p.m. Billiards League Regular

All levels of players are welcome to play friendly games of 8-ball! Teams are set up and play based on enrollment numbers.

#### Billiards League Substitute

Cannot commit to be a regular, but want to join in for some friendly games? Register as a substitute: Subs are needed each Monday.

#### BILLIARDS SOCIAL *NEW!* Thursdays 4:45–7:45 p.m.

A weekly walk-in tournament where we draw names for partners. We play 8-ball, 9-ball, or another game. Be there by 4:45 to draw names, then play begins promptly at 5.

#### BINGO

Wednesdays or Fridays, 2:30– 4:30 p.m. (Early start Friday, May 24, 2:15–3:45 p.m.) Fifteen games each time. \$1 per pack of 15 bingo sheets, payable in the room. BYO dauber. \$1 bingo prize, \$2 for last game cover-all.

#### BRIDGE (OPEN PLAY)

Mondays, 10 a.m.–1 p.m. Fridays, 1:30–4 p.m. Play social bridge with others.

#### BRIDGE, DUPLICATE (ACBL-SANCTIONED)

#### Tuesdays, 10 a.m.–1 p.m. Thursdays, 10 a.m.–1 p.m.

Partner is required. If you do not have a partner, register as a substitute and you will be contacted when a partner is available. Questions, please contact Sue Bennington at 740-815-4538. Also, please contact Sue directly for any days you are unable to attend. \$5 per play, payable in the room. Bridge, Duplicate (ACBL-Sanctioned) – Have a Partner If you have a partner and enjoy playing Duplicate Bridge, register to join in. Any day you are unable to participate, contact Sue. Bridge, Duplicate (ACBL-Sanctioned) – Substitute Would you like to participate in Duplicate Bridge but do not have a partner? Register as a substitute and efforts will be made to provide a partner.

Contact Sue with questions.

#### CORNHOLE *NEW!* THURSDAYS, 1:30–3 P.M.

Some folks call it Bags, Baggo, or Cornhole, but we call it fun on the back porch! No partner needed as we will continually switch so you will meet others while playing this easy to learn game. All skills welcome. Questions contact Mark Murphy at 614-440-5208 or caspersmiley1@gmail.com.

#### DOMINOES: MEXICAN TRAIN Tuesdays and Thursdays, 1:30– 4:30 p.m.

Play this ancient game with friends who are looking to enjoy a good round of "bones."

#### EUCHRE Mondays, 2:30–4:30 p.m. Wednesdays 5:30–7:30 p.m. *NEW TIME*

Socialize with others while playing eight 15-minute games of progressive Euchre. All skills welcome. Depending on the number of participants, some tables may have three players while others have four.

HAND AND FOOT CANASTA Mondays, 1:30–4:30 p.m. Wednesdays, 9:30 a.m.–1 p.m. Join members in playing the American version of Canasta that became popular in the U.S. in the 1950s. Since there are a multitude of ways to play Hand and Foot, we ask that your first time attending you sit and watch. You will be given a set of rules for reference.

#### LEARN TO SOCIAL PARTNER DANCE

Thursdays, 5:30–6:15 p.m. Have you always wanted to learn some of your favorite dances like swing, foxtrot, rumba, hustle, cha-cha, or more? Join us for a fun, varied sampler of beginner lessons in social, Latin, and ballroom dancing! You DON'T need a partner to join in the fun! Please wear comfortable shoes with smooth felted bottoms, leather soles, or dance shoes.

#### LINE DANCING *NEW!* Thursdays, 1–2 p.m.

This class is for proficient line dancers and will include all levels of dances both old and new.

#### LINE DANCING: BEGINNER Mondays, 6–7 p.m.

Whether you have never line danced before or it's been a long time and you need a refresher, this is the class for you. The emphasis is on learning individual steps and beginner dances. All skills welcome and according to Dave Barry, "Nobody cares if you can't dance well, just get up and dance."

LINE DANCING: MULTI-LEVEL Tuesdays, 9–10:30 a.m. Tuesdays, 6–7:30 p.m. In these classes, we will spend the first 45 minutes on beginner dances with the last 45 minutes on improver level dances.

#### MAH JONGG

Wednesdays, 1:30–4:30 p.m. Fridays, 10 a.m.–12:30 p.m. Spend time playing this ancient Chinese tile game and reap cognitive benefits!

#### PINOCHLE **RETURNS**

Thursdays, 9:45 a.m.–noon. What happens when a game combines "meld" and "tricks?" You get Pinochle. Come join us in Double Deck Pinochle experienced and newcomers welcomed.

TABLE TENNIS Mondays and Wednesdays, 2–4:30 p.m. Thursdays, 5–7:45 p.m. Saturday, 8:30–11:45 a.m. Play singles or doubles. All skill levels welcome. Friendly competition and peer coaching.