In-Home Care Services News

November 2024

HOLIDAY HOURS

SourcePoint will be closed Thursday, Nov. 27 through Saturday, Nov. 30 for Thanksgiving. We wish you and your loved ones a safe and happy holiday.

There will be no meal deliveries Thursday, Nov. 28, Friday, Nov. 29, or Monday, Dec. 2. If you normally receive weekend meal deliveries on Thursdays or Fridays, they will be delivered on Wednesday, Nov. 27 for consumption on Thanksgiving Day and the following day. A frozen meal box, containing 7 meals, will be delivered the week of Nov. 18-22. The frozen meals are for consumption for the Thanksgiving weekend and Monday, Dec. 2.

If you do not receive meal delivery Monday – Friday, you may contact the office to confirm your holiday meal delivery dates. If you would prefer not to receive a frozen meal delivery or weekend meals for the holiday, contact our office at least 48 hours prior to cancel. Staff may be reached at 740-203-2433 on Monday – Friday, 8 a.m. to 4 p.m.

DO YOU NEED HELP WITH HEATING BILLS?

The Winter Crisis Program, from Nov. 1 through March 31, provides assistance to low-income households threatened with disconnection, that have been disconnected, or that have less than 25% of bulk fuel supply left. There is a onetime benefit to pay energy bills with past due balances.

Eligible households can receive up to \$750 applied to their utility bill. Ohioans must have a gross income at or below 175% of the federal poverty guidelines to qualify for assistance.

Heating assistance is available to people who own or rent. Anyone who pays rent that covers their utilities qualify only by providing written



proof that their rent pays all or a portion of the electric bill.

For more information about the features of the Winter Crisis Program, and to submit an application, contact Bridges Community Action Partnership at 740-369-3184. Additional information can also be found at **energyhelp.ohio. gov** or by calling 800-282-0880.

Customers should bring copies of the following documents to their appointment:

- Case number from the Department of Job and Family Services
- Copies of their most recent energy bills
- A list of all household members and proof of income for the last 30 days and 12 months for each member
- Proof of U.S. citizenship or legal residency for all household members
- Disconnect notice for gas and/or electric
- Renters bring the name, address, and phone number of your landlord

Please contact your care consultant if you have additional questions or need assistance with the application and scheduling of the appointment with Bridges Community Action. This service and information are made possible through grant funding by COAAA.

HOME WEATHERIZATION ASSISTANCE PROGRAM

The Home Weatherization Assistance Program (HWAP) provides eligible Ohioans with assistance to improve the energy efficiency of their homes and reduce their energy costs. The program runs from July 1 through June 30 each year. Ohioans participating in the HWAP will receive a home inspection to identify the services necessary to improve their home's energy efficiency. Services are provided through local agencies in each county.

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• Ohioans with a household income at or below 200% of the federal poverty guidelines are eligible for the program

Priority is given to:

- Ohioans who are older than 60
- Ohioans with disabilities
- Ohioans with minor children in the home
- Households with a high energy usage and/or burden

Program minimum and maximum benefits:

- Incidental repairs: \$1,200
- Maximum expenditure per household: \$7,261

All families who have received assistance any time during the last 12 months under Supplemental Security Income (SSI), Temporary Assistance for Needy Families (TANF), or Home Energy Assistance (HEAP) (does not include Emergency HEAP) are automatically income eligible for weatherization services.

How do I apply?

- Apply for assistance at Bridges Community Action – 740-369-3184 – to schedule an appointment.
- Or apply online at development.ohio.gov/ individual/energy-assistance.

CLEANING YOUR FURNACE BEFORE WINTER

SourcePoint partners with Bridges to Community Action Partnership for Project Safe Heat, the service of cleaning and tuning your furnace. To see if you are eligible for this service, contact your care consultant.

PET FOOD AND VETERINARY CARE ASSISTANCE AVAILABLE

Did you know that SourcePoint offers pet food assistance and vet care for home-delivered meal clients?

Through donations, we have dry dog and cat food, as well as canned cat food available that can be delivered at the same time your Meals on Wheels driver delivers your meals. Since all our food is received via donations, we are unable to accommodate special diets. We also have a vet care and grooming partnership with the Humane Society of Delaware County for spay/ neuter, medical and dental exams, flea and tick medicine, nail trims, basic grooming, vaccines, etc. If you are interested in receiving assistance with either pet food or vet care, please email our Just for Paws program at JustForPaws@ MySourcePoint.org.

FROM THE MEDICARE DESK

SourcePoint offers a free New to Medicare class for individuals turning 65 years old or becoming otherwise eligible and plan to enroll in Medicare. These classes are available in person or online at **MySourcePoint.org/onlineinsurance-education**.

In addition, our insurance specialists have created a toolkit for Medicare beneficiaries in Delaware County! These can be found here: **MySourcePoint.org/medicare-toolkits**.

The Medicare Annual Open Enrollment is Here!

From Oct. 15 through Dec. 7, all Medicare beneficiaries are encouraged to run a plan comparison of their Part D prescription drug plan or Medicare Advantage plan for the upcoming 2025 calendar year. As in past years, SourcePoint is holding Medicare Check-Up Days to help with your plan comparisons. Appointments are being offered in person. To schedule your appointment, call 740-363-6677.

Make your appointment now so that you don't get left out and pay too much for your plan and medications next year. Note: these appointments are for individuals who are already on Medicare, not for those individuals who are enrolling in Medicare for the first time.

Remember to have your Medicare card handy during your appointment. You can print your Medicare card by creating an account on the **Medicare.gov** website.

New Part D Drug Coverage Changes for 2025

The annual deductible will increase to \$590 for 2025. There will be a new lower out-of-pocket max for the first time. In 2025, should you pay out \$2,000 in prescription costs, you will meet an out-of-pocket max for the year, and for the remainder of the year, you will have zero copayments/co-insurances for your prescription medications. *CONTINUED ON NEXT PAGE...*

There will no longer be a coverage gap like in past years. Also, they will be offering a payment plan to help smooth out your monthly prescription costs. This would be set up with your prescription drug carrier and in addition to your monthly premium, you would also pay them a monthly fee for your prescription medications each month. It is like your monthly utility budget plan that you may be using. You would no longer pay for your prescriptions when you pick them up at the pharmacy, the cost would be paid to your insurance carrier. This will be a big help to those that have high drug costs each month.

PET SAFETY REMINDER

As you are aware, we ask that during home visits pets be properly contained to ensure the safety of our visiting team members. While pets are important aspects of our lives, we also know they can be unpredictable. We have had unfortunate situations in the past between service providers and protective pets. Our goal is to provide you with the services you need, as well as ensure the safety of everyone who provides a service in your home. To meet this goal, we respectfully request that you make arrangements to properly contain your pets during times that services take place in your home, including meetings, meal delivery, homemaking, etc. Service animals are an exception to this request. If you have any questions about this expectation, please contact your care consultant for assistance. Thank you for your consideration and understanding.

FREE COVID TESTS

Order your four free at-home COVID-19 tests. Every U.S. household is eligible to order four free at-home tests. COVID-19 testing can help you know if you have COVID-19 so you can decide what to do next, like getting treatment to reduce your risk of severe illness and taking steps to lower your chances of spreading the virus to others. Your order of COVID-19 tests is completely free and you won't even pay for shipping. Order free at-home tests at **covidtests. gov** or by calling 800-232-0233 (TTY 888-720-7489).

FLEX SAME-DAY TRANSPORTATION IS COMING TO SUNBURY!

Delaware County Transit (DCT) is beginning its same-day transportation service into Sunbury, Berkshire Township, and Galena on Oct. 14. FLEX rides can be scheduled by calling 740-363-3355, option 1, or downloading the DCT app to a smartphone. Service will be Monday - Friday, 6 a.m.-6 p.m. Fare is \$2 for one way or \$1 for those who are 65 and older, 19 and younger, and disabled. Payment can be made online with a credit card or in person with a farecard or exact change. More information can be found at **delcotransit.com** or by calling the number above. In-home care clients in Sunbury/ Galena and Delaware City must make their own transportation arrangements for rides on FLEX. SourcePoint's mobility coordinator, Jill Smith, is available to answer questions at 740-913-1888.

INCOME TAXES: PLANNING AND PITFALLS

Thursday, Nov. 14, 1–2 p.m. at SourcePoint. Bring your questions; take home the answers you need. Gain insights, avoid pitfalls, and plan ahead with end-of-year strategies. Presented by Jerry Hatton, tax professional with 30 years' experience. Hatton is not affiliated with or endorsed by SourcePoint. To register, call 740-363-6677.

VETERANS DAY

Please join us as we honor our Veterans on Monday, Nov. 11 at the Delaware County Fairgrounds Agricultural Center. Presented by the Delaware County Veterans Association, the 15th Annual Veterans Day Ceremony & Breakfast will commence at 8:30 a.m., including a presentation on The Battle of 73 Easting. Breakfast is free for veterans plus one guest. Registration closes Nov. 1. Register at **MySourcePoint.org/veterans** or call 740-363-6677.